



Please donate the following items
to help local people in hardship

SHOPPING LIST

- Cereal bars
- Fruit juice
- Jam
- Sandwich spreads
- UHT milk
- Tinned ready meals

For more info on **Start Up Stirling** and our work supporting those experiencing hardship and hunger in Stirlingshire please visit our website at www.startupstirling.org or contact us at mail@startupstirling.org or call 01786