



Nobody Forgotten This Christmas Shopping List

- UHT milk
- Tinned Veg
- Breakfast cereal
- Tinned ready meals
- Fish or meat paste jars
- Cup a Soup
- Pot Noodles
- Oatcakes and crackers

For more info on [Start Up Stirling](http://www.startupstirling.org) and our work supporting those experiencing hardship and hunger in the Stirling area please visit our website at www.startupstirling.org or contact us at mail@startupstirling.org or call 01786 561027