

# GIVE IT UP FOR LENT CHALLENGE



26 February - 9 April

Join the Start Up Stirling Lent Challenge and help those in Stirlingshire facing poverty, hardship & hunger.

Could you give up chocolate, biscuits or your morning caffeine kick for Lent? Or give up the car and walk/cycle each day instead?

Whatever you give up for Lent, get sponsored to do so or donate what you would have spent to Start Up Stirling.

- **£15.00 will fund a foodpack for an individual**
- **£25.00 will fund a foodpack for a family**
- **£50.00 will fund a home visit to someone in crisis**



Pay in your donations at [startupstirling.org.uk/donate](https://startupstirling.org.uk/donate) or get sponsored by setting up a JustGiving page at [justgiving.com/startupstirling](https://justgiving.com/startupstirling)

For further information, please contact us on 01786 561 027 or email: [mail@startupstirling.org.uk](mailto:mail@startupstirling.org.uk)

