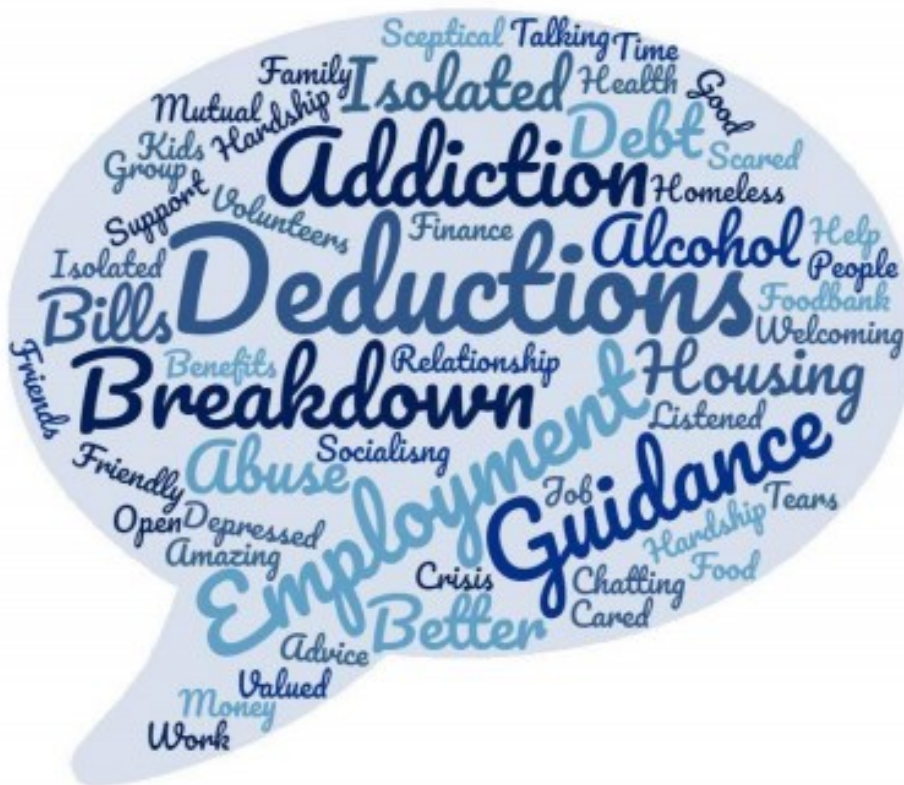




ANNUAL REPORT AND ACCOUNTS  
1st APRIL 2020 - 31st MARCH 2021



The Word cloud above is from the "Beyond the Food Bank" Evaluation February 2020

START UP STIRLING  
ANNUAL REPORT AND ACCOUNTS

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START UP STIRLING  
CHARITY INFORMATION

CHARITY NUMBER  
SC035477

REGISTERED ADDRESS

16B WHITEHOUSE ROAD  
SPRINGKERSE INDUSTRIAL ESTATE  
STIRLING  
FK7 7SP

BANKERS

COOPERATIVE BANK

## START UP STIRLING BOARD OF TRUSTEES

The following persons served as Trustees of the charity during the period 1<sup>st</sup> April 2020 to 31<sup>st</sup> March 2021.

Persons noted as a 'Current Trustee' are members of the Board of Trustees at the reporting date. Those persons noted as a 'Past Trustee' served as a member of the Board of Trustees during the reporting period but resigned prior to the reporting date (31<sup>st</sup> March 2021).

Current Trustee	Official Role	Appointed
A Birch	Convenor (from 26 <sup>th</sup> April 2019)	19 <sup>th</sup> Nov 2018
J Bull		6 <sup>th</sup> Feb 2019
E Ferguson	Acting Treasurer (from 1 <sup>st</sup> Jun 2020 to 10 <sup>th</sup> Feb 2021)	10 <sup>th</sup> Jul 2019
R Traynor		10 <sup>th</sup> Jul 2019
J Barnes		6 <sup>th</sup> Nov 2019
H Martin	Secretary (from 1 <sup>st</sup> June 2020)	6 <sup>th</sup> May 2020
F Wilson		3 <sup>rd</sup> Jun 2020
M Aspinwall	Treasurer (from 10 <sup>th</sup> Feb 2021)	9 <sup>th</sup> Dec 2020
B Gil		9 <sup>th</sup> Dec 2020

Past Trustee	Official Role	Appointed	Resigned
G Morton	Convenor (30 <sup>th</sup> Nov 2018 to 25 <sup>th</sup> April 2019)	3 <sup>rd</sup> May 2018	1 <sup>st</sup> Jun 2020
N Reed	Treasurer (from 20 <sup>th</sup> Nov 2018) Secretary (from 7 <sup>th</sup> Feb 2019)	19 <sup>th</sup> Nov 2018	1 <sup>st</sup> Jun 2020
S Sankey		6 <sup>th</sup> Mar 2014	9 <sup>th</sup> Sep 2020
C Cassie		7 <sup>th</sup> Sep 2019	29 <sup>th</sup> Sep 2020

## MESSAGE FROM OUR CONVENOR

To say that this has been a challenging year with the pandemic would be to say no more than any individual or organisation might say at this time. What I need much more to say is that this has been a year in which I have been proud, humbled and profoundly grateful to see how everyone involved with Start Up Stirling has risen to the challenges.

I honestly believe our staff have performed miracles! The rapid switch to a delivery only foodbank service which we flagged up last year was only the beginning. A complete new set of Health and Safety practice notes were needed for the warehouse and drivers; volunteers, many of them new to the charity, had to be trained in these; new sites had to be surveyed, kitted out and used at short notice. Face to face contacts with service users and with volunteers had to be minimised, but our staff continued to support both groups over the 'phone. We were asked for help in addressing emerging needs in the community and in almost every case were able to say, "Yes!" and deliver on the promise. In all of this there have been no cases of Covid-19 recognised in our staff or volunteer team attributable to their work in Start Up Stirling.

The staff have achieved all this despite problems unrelated to the pandemic. A much-loved colleague, Mary McBride, died after a short illness in May 2020. Our previous General Manager Glenda McWatt left the area in September and was replaced by Gillian Hughes, who was also unable to remain with us for more than a few months. All of this was inevitably unsettling to the staff, but despite everything they excelled.

Our volunteers, both old and new, have learnt new tasks, new procedures and taken on new responsibilities. Our frustrated elderly volunteers, barred from their previous roles by the pandemic, have supported us in other ways.

Our partner organisations, whether in the public, charity or commercial sector have asked "how can we help" and provided at different times premises, seconded staff, vehicles, funds and supplies.

Our supporters in the community, both private individuals and corporate bodies have been unfailingly generous, exceeding all previous levels of donation so that despite the increased expenses of the year we report a surplus.

To all of you I can only say, THANK YOU, knowing how inadequately that is able to reflect everything that you have done.

**Anthony Birch**

**Convenor**

## ABOUT US - AIMS & OBJECTIVES

Start Up Stirling has the following objectives:

To relieve poverty, suffering and distress by providing or assisting in the provision of household goods, crisis food and friendship with the object of improving the condition of life for the inhabitants of the Stirling area generally but in particular those who have need of such support by virtue of their youth, age, ethnicity, infirmity, disability, special needs, poverty, homelessness, domestic abuse, unemployment or social and economic conditions.

To undertake such other charitable activities as may be helpful to the aforesaid persons.

## OUR SERVICES – WHAT WE DO AND HOW IT HELPS THOSE IN HARDSHIP

Start Up Stirling provides a portfolio of key services to individuals and families experiencing hardship in the Stirling area. The organisation has been operating in the area since 1994, when a group of local churches came together to collect goods to provide to young people who had been homeless and were entering their first home of their own. Our assistance to local people has developed from that time in response to the feedback we receive from those accessing our services and the changing needs in society. In the recent past we have provided three main services, Home Starter Packs, Crisis Food Banks and “Beyond the Food Bank” Support Services. All of these in different ways have assisted in alleviating the effects of deprivation. All of these services were profoundly affected by the pandemic as we detail below, and it is still not clear how they will need to be adapted to meet future needs.

### Crisis Food Banks:

The first Start Up Stirling foodbank was opened in 2012, with recognition at that time of the extent of local food poverty. At the beginning of 2020 we were operating two foodbanks, in different town centre locations, as well as a mobile delivery service for those unable to access the food banks. From mid-March 2020, the social distancing provisions related to the Covid-19 Pandemic made that previous model unsustainable. Almost overnight the entire foodbank service was switched to a home delivery model and we do not believe that any clients referred were missed out. We are very grateful also to Stirling Council and to Active Stirling and Dial-A-Journey who at different times augmented our in-house capacity with vehicles and drivers.



After the initial hurried switch to a delivery only food-bank provision, the training and logistics were rapidly adapted to the new situation. As many as 8 separate delivery runs were made in a day at our peak.

Deliveries were made in cardboard boxes rather than carrier bags, as they are easier to stack and transport. Our volunteer drivers were trained both in safe practice in delivery and in listening to feedback from our clients. In that early phase we were also asked by Stirling Council to help deliver necessities to those who were advised to be strictly shielding. This we were able to do and also provided food from our stock until external suppliers were able to supply the Council. In the second lockdown period we ourselves became a trusted shielding-pack provider.

In that first phase of the pandemic numbers of referrals rose very rapidly. We heard from our clients that many who were in insecure employment found their income fall catastrophically. Furlough may have prevented this being worse than it was but did not by any means cover everyone's circumstances. At the peak in June 2020 we were issuing about 200 food packs a week. Our aim remains to deliver in every food pack a set of staple items, dried and tinned foods, sufficient to support an individual or family for 3–4 days. In addition, with the support of the local community and supermarkets we are able to supplement the core pack contents with fresh fruit, vegetables, meat and bakery items. We purchase fresh fruit, vegetables and meat products for each client using funds raised through community donations.

**My circumstances have changed now and I am now in the position of buying my own food. I would like to thank you and the drivers for the wonderful support and smiles.**

At Christmas, when the second lockdown was starting, as well as the standard food packs we were able to provide, cooked and blast chilled, a full three course Christmas dinner to our clients. This was a pilot scheme run in conjunction with Forth Valley College Hospitality Department who donated all the skill, labour and facilities needed to do this. We hope this may be the first of many collaborative initiatives.

In addition donated presents were passed on to our clients, both adults and children.



## Starter Packs:

Starter Packs have been provided to people commencing new tenancies, following homelessness, a crisis or significant change to their personal situation. A Standard Starter Pack includes crockery and cutlery, pots and pans, cooking utensils, towels, and cleaning products, plus basic kitchen cupboard items, such as tea, coffee, sugar, salt and pepper. Supplementary assistance packs are also available and provided in response to the results of a client needs assessment. We have also provided Emergency Packs to people who are homeless or in temporary accommodation.

**I cannot believe how much stuff you gave us and it really helped at a time we were worried about jobs and being furloughed.**

The effects of the pandemic in limiting rehousing meant that the need for Starter Packs was greatly reduced during the reporting year as is reflected in the statistics. Start Up Stirling did however maintain the supplies of Starter and Emergency Packs along with both male and female hygiene packs so that they remained available when required by clients, as referred by external agencies.

## Beyond The Foodbank TRI:

Since January 2017 Start Up Stirling had operated a 'Beyond the Food Bank' support service to some of our more vulnerable clients. Over a sandwich lunch this aimed to provide the time, place and space for people to explore how to improve their individual situation. However, of equal benefit to many was the peer support and social contact the group also provided, helping to reduce their social isolation. Though much appreciated by the clients this service was costly in staff and volunteer time and had difficulty in demonstrating any objective effectiveness.

In October 2019, Start Up Stirling, in collaboration with CAB-Stirling, were successful in a funding application to the Scottish Government to deliver a new service, 'Tackling Rural Isolation' (TRI), predominantly in the rural North & West areas of Stirling District. It was intended that Start Up Stirling would provide crisis food support and the practical and emotional element of the Client Support Service; CAB would provide support and advice on fuel/energy and finance. Transition funding was obtained to move the Client Support Service operation into the new Tackling Rural Isolation service from April 2020 onwards.

After the first wave of Covid infections, at a time of hope that the pandemic might be waning, Start Up Stirling recruited a Foodbank and Client Services Manager with a specific remit of looking at developing the services further. Andrew Ireland took up post in August 2020 and further recruited a Client Support Worker, Susan Young, in October 2020. However, as infections rose and restrictions were intensified the service had to be put on hold and has never yet operated face to face with clients.

**The pressure has been tough to keep up with having been furloughed, and the help I received from Start-up Stirling was an incredible relief. Thanks to the amazing staff who walked me through every step of the way.**

Our staff and specialist volunteers have provided what extra support they can on the telephone, not at all an easy task and recognised as “second-best”, but appreciated by the clients. As and when restrictions are lifted later in 2021, we hope that the service can be redeveloped and adapted to suit the “new world” we will be embracing.

#### Service Support Functions:

##### Warehouse:

The warehouse facility continues to function well and is expertly led by our Warehouse & Facilities Manager, Gerry McPeake. From the outset of the pandemic he rapidly moved the warehouse team to working in a socially distanced fashion with reduced numbers present in the building, devising the working procedures necessary to perform this. These changes increased the space needed for handling incoming donations and outgoing material and we are very grateful to Stirling Council who provided us with extra space, initially in the Albert Halls and latterly in the Hillpark Centre in Bannockburn. Our thanks are also due to the staff and volunteers who made these areas work well for us.



In 2021 all stock is now back at our Springkerse base, the only extra storage facility being two containers used for holding long-dated stock.

A new freezer and chiller, purchased from donations, now allow us to acquire and store more fresh food for longer in cold-storage to the benefit of our clients. Without this facility we could not for example have provided the Christmas meals as we did.

### Staffing:

In the course of the reporting year there have been a few changes in the staff team. As noted above, Andrew Ireland was appointed as Client Services Manager and Susan Young as Client Support worker in hope of being able to develop the TRI project. Shortly after that our General Manager, Glenda McWatt left and Andrew Ireland acted up in her place while the post went out to recruitment. Susan Young was an active and valued member of the support service team, but lacking the expected openings in working with our clients she found a job elsewhere. Gillian Hughes was appointed as General Manager and took up post in December 2020.

Since the end of the reporting year, however, Gillian Hughes also has left to study for a higher qualification and Andrew Ireland has since been confirmed in post as General Manager.

Throughout the year our staff have been working with the worry that it might become impossible for the charity to continue because of the pandemic. Where possible they have been working from home with the difficulties and isolation inherent in that. They have repeatedly had to adjust working practices to follow changes in regulations and advice. At the height of the first wave, in May 2020, their much-loved colleague Mary McBride died after a short illness.



Despite all this they have delivered better than could ever have been imagined. We owe them an immense debt of gratitude.

### Volunteering:

Initial guidance in the pandemic emphasised the particular risk to more elderly people and those with medical conditions liable to increase risk from Covid-19. Our 49 volunteers in these categories were accordingly placed on “furlough”. These were indeed the majority of those working in the warehouse and their absence left a large gap to be filled. However, with the pandemic came a flood of new volunteers, initially 52 were recruited, many of whom had themselves been furloughed or made redundant from their previous employment.

They and the previous volunteers remaining needed training in the new modes of working made necessary by the pandemic, but because of social distancing requirements this could only be carried out for a few individuals at a time. Some of our volunteers have taken on roles of particular responsibility, increasing our resilience as in deputising for the warehouse manager who has had to cover multiple sites.

Toward the end of the reporting period, as some of our new volunteers have had to return to their previous occupations, we have been able to invite some of our furloughed volunteers back to work in the charity.

## Food Donations

In the confusion of the early phase of the pandemic, food donations fell away to an extent, but recovered as donors established their new household purchasing behaviours. Meanwhile we are very grateful to the supermarkets who despite their own many problems maintained or even extended our donation stations and gave us access to short-dated food. We are grateful to the Stirling Council Criminal Justice Team who increased the time they gave us and took on all the collection from supermarkets. We are as ever grateful to the many who donate through us when they shop for themselves.

Besides donated food we continue to make purchases to ensure a supply of fresh food and to fill shortfalls in particular items. We are very grateful to Stirling Council who both donated funds to facilitate this and gave us access to their supply chains when food stocks to purchase were difficult to access. We also subscribe to Fareshare who distribute surplus food to us and other similar charities.

## Fundraising and Community Engagement

Fundraising events and in person collection have been in abeyance. Community donation has been routed online and an active campaign on social media maintained. Thanks are due to our loyal supporters who multiply the effectiveness of such campaigns by liking and sharing our posts. Through all this the generosity of the public, local businesses, grant-giving bodies and government agencies has been immense. We are humbled to realise the extent to which we are trusted by them to channel their resources where they are needed.

During the pandemic various new community initiatives have been started to support those in difficulties. Where possible we have worked closely with them and alongside our longer standing partners so that we can all be as effective as possible. For example we were able to extend the Christmas support offered our clients to some of those supported by Stirling Council and Barnados.



Particular mention must be made of the support and help from the Thistle Centre in Stirling who in the run up to Christmas allowed us to run a major promotion of the charity with a donation tree for contributions to Starter Packs and a card-donation point.



Active Stirling, Dial a Journey and Stirling Council were all immensely helpful in lending us vehicles and seconding their staff and volunteers.

## SUMMARY SERVICE PERFORMANCE INFORMATION

### CRISIS FOOD BANK

#### People Supported and Food Issued

	2019/20	2020/21	% Change
Meals*	100,212	137,868	38%
Food Packs	4,261	5,876	38%
Referrals	1,342	1,690	26%
Adults	1,627	2,075	28%
Children	896	1,049	17%
<b>Total</b>	<b>2,523</b>	<b>3,124</b>	<b>24%</b>

\*The formula used to calculate meals is as follows:

Individuals supported x weeks supported x meals per days (3) x how many days' food is supplied. (4)

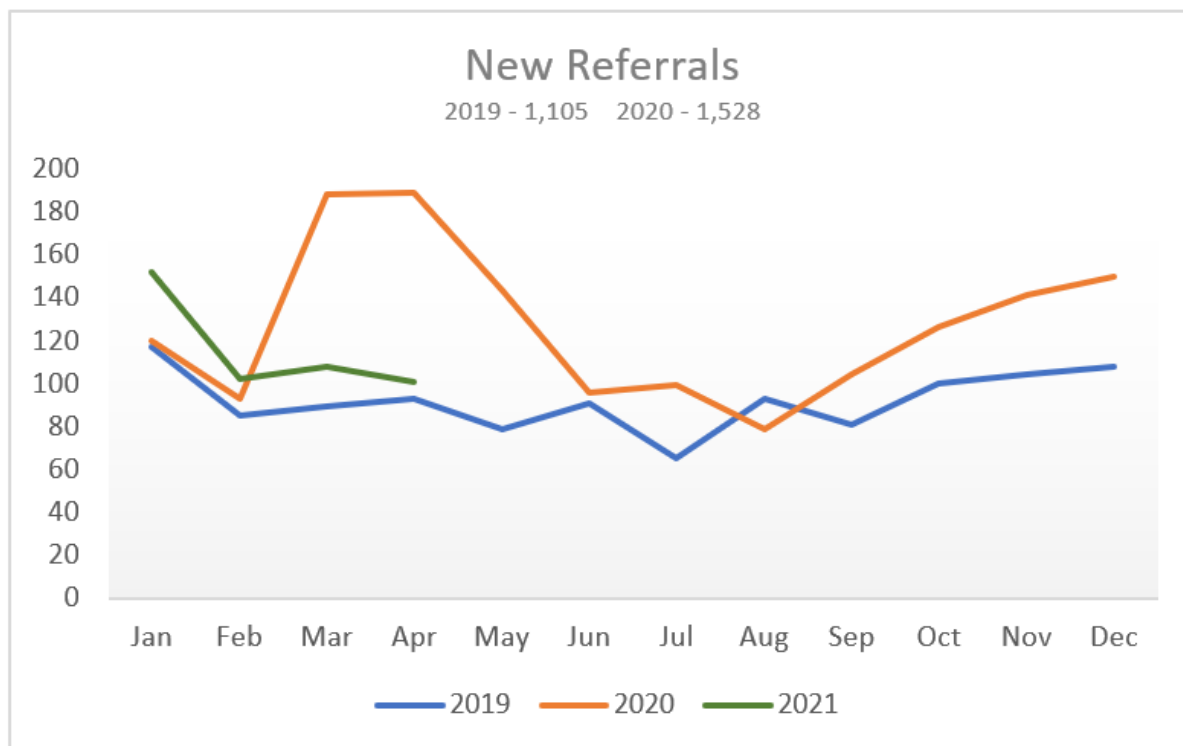
Example, a single client who is supported for one week = 12 meals.

#### Household Size

Single Adult	991
2+ Adults No Children	147
Single Adult 1/2 Children	251
Single Adult 3 or more Children	83
Adults 1/2 Children	186
Adults 3 or more Children	32

## PATTERN OF ACTIVITY

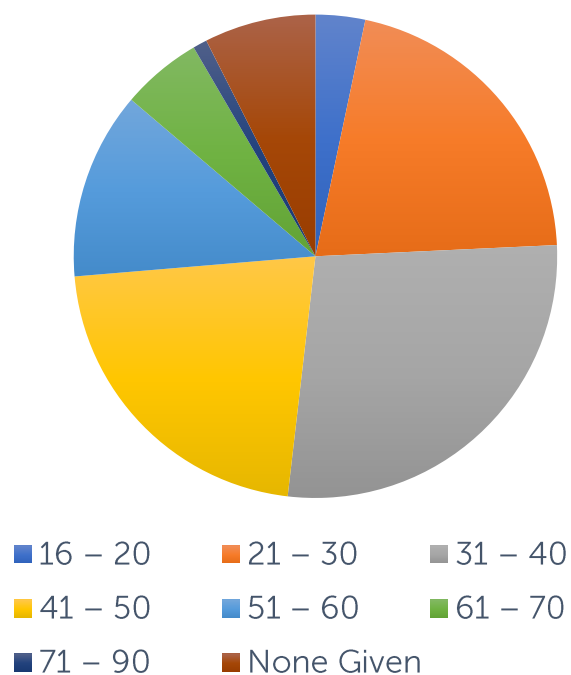
The effect of Covid-19 Lockdowns on Crisis Foodbank referrals is shown by the radically different pattern shown in 2020-21 compared to previous years. Note that this graph illustrates calendar years, not reporting years.



## Age Range of Clients

Age	19/20	20/21	Increase
16 – 20	42	56	33%
21 – 30	301	354	18%
31 – 40	348	466	34%
41 – 50	318	369	16%
51 – 60	196	212	8%
61 – 70	54	91	69%
71 – 90	6	16	167%
None Given	77	126	64%

## Age Range 2020/21





## Referrals by Location

From March 2020 we switched to a full delivery service, this made our reporting of addresses much more accurate. The numbers reported from Stirling have fallen as more local areas are correctly identified, this is shown for example in the increase in clients from St Ninians.

This also resulted in us having no clients officially listed as No Fixed Abode.

Location	2019/2020	%	2020/2021	%
Aberfoyle	10	0.7%	9	0.5%
Alloa	2	0.1%		0.0%
Balfron	20	1.5%	7	0.4%
Bannockburn	158	11.8%	144	8.5%
Blanefield		0.0%	1	0.1%
Braehead		0.0%	22	1.3%
Bridge of Allan	8	0.6%	12	0.7%
Broomridge		0.0%	19	1.1%
Buchlyvie	6	0.4%	17	1.0%
Callander	40	3.0%	50	3.0%
Cambusbarron	19	1.4%	24	1.4%
Cambuskenneth		0.0%	2	0.1%
Causeway Head	5	0.4%	19	1.1%
Cornton	80	6.0%	94	5.6%
Cowie	48	3.6%	95	5.6%
Crianlarich	2	0.1%	2	0.1%
Croftamie	1	0.1%	1	0.1%
Deanston		0.0%	2	0.1%
Doune	9	0.7%	13	0.8%

Location	2019/2020	%	2020/2021	%
Drymen	7	0.5%	4	0.2%
Dunblane	44	3.3%	33	2.0%
Fallin	49	3.7%	71	4.2%
Fintry	1	0.1%		0.0%
Gargunnock	8	0.6%	10	0.6%
Gartmore		0.0%	1	0.1%
Killlearn	1	0.1%	4	0.2%
Killin	4	0.3%	6	0.4%
Kippen	21	1.6%	16	0.9%
Lochearnhead	3	0.2%	2	0.1%
No Fixed Abode	46	3.4%		0.0%
Old Plean		0.0%	3	0.2%
Plean	66	4.9%	68	4.0%
Port of Menteith		0.0%	1	0.1%
Raploch	164	12.2%	181	10.7%
Riverside	1	0.1%	13	0.8%
St Ninians	76	5.7%	246	14.6%
Stirling	435	32.4%	437	25.9%
Strathblane	2	0.1%	5	0.3%
Strathyre	1	0.1%	1	0.1%
Thornhill	4	0.3%	2	0.1%
Tyndrum	1	0.1%	2	0.1%
Whins of Milton		0.0%	51	3.0%
<b>Grand Total</b>	<b>1342</b>		<b>1690</b>	

## Referral Source

During the pandemic many of our partner agencies spent periods of time at reduced capacity or unable to make referrals. For a portion of this time we took self-referrals to ensure all our clients could still receive support.

Referrer	2019/20	2020/21	% Change
<b>Charity Partners</b>	<b>684</b>	<b>778</b>	<b>14%</b>
Action In Mind		2	
Barnardos	10	11	10%
BEMIS	1	1	0%
Change Grow Live		17	
Citizens Advice	354	376	6%
Clacks Council		1	
Cornton Action Partnership			
Council on Disability	13	8	-38%
Cultenhove Opportunities			
Homestart	27	17	-37%
Salvation Army	68	33	-51%
Scottish Welfare Fund	118	128	8%
Shakti Women's Aid		3	
St Marks Church		15	
Start Up Stirling	21	121	476%
Stirling Baptist Church	8	3	-63%
Stirling Carers Centre	1		-100%
Stirling Women's Aid	63	42	-33%

Referrer	2019/20	2020/21	% Change
<b>Public Sector</b>	<b>658</b>	<b>912</b>	<b>39%</b>
Education	44	45	2%
Forth Housing	35	34	-3%
NHS	55	70	27%
Paragon Housing Association			
Rural Housing	21	15	-29%
Stirling Council	503	748	49%
Unknown			
<b>Grand Total</b>	<b>1342</b>	<b>1690</b>	<b>26%</b>

## Food Donations

Lockdown and other Covid-19 restrictions greatly changed how we received donations. Our supporters were discouraged from bringing donations to our warehouse with the focus being put on our donation stations. Donation events could also not be run during this time in a safe manner. As a result, there is a massive increase in Supermarket donations with a large drop in every other category. Overall for the year there was a 12.3% drop in food donations.

DONATION SOURCE	2018/19 Kg	2019/20 Kg	2020/21 Kg	% Change (from 19/20)
Supermarkets	29,493	32,790	51,057	55.7%
Churches	17,206	13,936	1,824	-86.9%
Schools	6,104	6,787	2,110	-68.9%
Start Up Events	973	-		
Businesses	3,579	5,577	2,628	-52.9%
Individual Giving	5,487	4,839	3,228	-33.3%
Groups/Associations	2,716	3,191	1,270	-60.2%
Public Sector	3,508	4,414	608	-86.2%
External Events	9	-		
<b>TOTAL</b>	<b>69,075</b>	<b>71,553</b>	<b>62,726</b>	<b>-12.3%</b>

To help match the demand throughout the year (137,868 meals a 38% increase) we had to purchase large amounts of food every week. A lot of this was done in partnership with Stirling Council

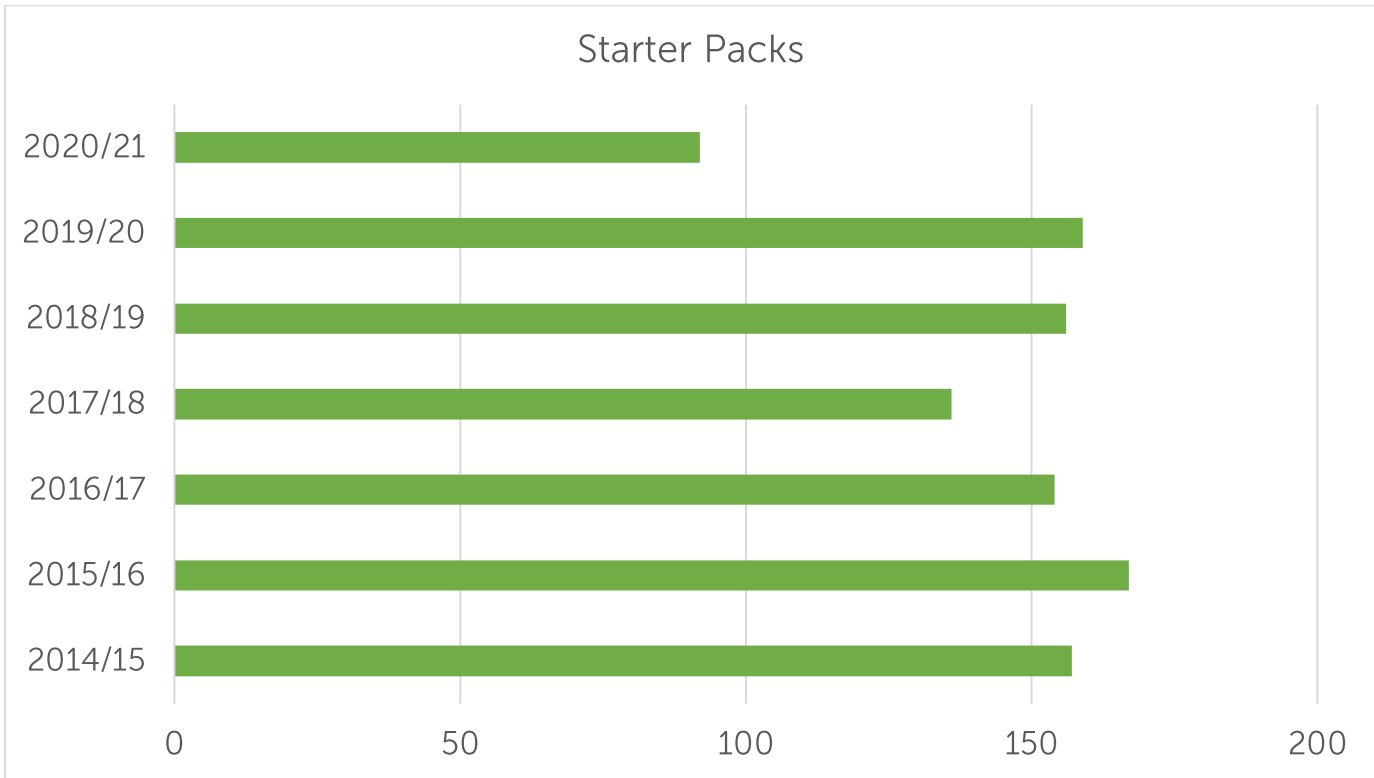
## HOME STARTER PACKS.

Summary data of packs and support items issued:

	2018/19	2019/20	2020/21	% Change (19/20 – 20/21)
Starter Packs	156	159	92	-42%
Kettle	105	120	85	-29%
S-Duvet	147	121	67	-45%
D-Duvet	105	123	99	-20%
Pillows	357	367	265	-28%
Toaster	74	11	12	9%
Microwave	27	10	5	-50%
Emergency	278	284	373	31%
Welcome	158	230	95	-59%
Toiletry-M	268	360	142	-61%
Toiletry-F	155	292	205	-30%

In the pandemic, Stirling Council's Housing and Homeless teams were less able to house new tenants. This led to a significant drop in the numbers of Starter packs we issued. At the end of the reporting year we are seeing numbers rising again.

A significant increase in Emergency Food packs issued reflects the response to support those needing to isolate themselves.



Prior to lockdown we would average 154 Starter packs a year.  
We anticipate we will issue at least that many in 2021/22.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

Start Up Stirling was incorporated as a Scottish Charitable Incorporated Organisation on 6<sup>th</sup> March 2014. All historical charitable activities undertaken in the name of Start Up Stirling were at this time subsumed into the new organisation. The charity's structure and governance operate in accordance with the arrangements set out in its governing document, namely the Start Up SCIO Constitution version 3. The Board has begun a review of the Constitution and expects to present recommendations to a General Meeting for amendment where needed.

The charity's activities are overseen by a Board of Trustees. This group is formed from the membership of the charity. All registered members are eligible to stand for and be elected to the Board. Trustee nomination and election normally takes place at the charity's annual general meeting. The Board of Trustees may at their discretion co-opt additional individual members onto the Board.

Management of the charity's operations is delegated to designated members of staff in accordance with a Board approved Scheme of Delegation. Staff are supported by volunteers in the delivery of the charity's various services. In certain areas the Board have introduced functional working groups involving staff, volunteers and trustees. The working group approach is used primarily in the areas of warehousing and logistics, fundraising and administrative support.

In this year when meetings in person of groups from multiple households has been barred, the Board have met using teleconference facilities. Though not explicitly allowed in our constitution that procedure was authorised by emergency legislation passed by the UK parliament early in the pandemic. Similarly a teleconference AGM was held on 23<sup>rd</sup> September 2020 and a Special General Meeting was held on 17<sup>th</sup> March 2021 in order to amend the constitution to allow meetings by teleconference to continue as needed after the emergency legislation lapsed.

The management of risk is an important responsibility of the Board of Trustees and policies and procedures have been established in key areas of potential risk. A regular process of policy review has now been started to ensure that they all remain appropriate and conform to relevant legislation and guidance. In addition, the charity maintains PVG accreditation for key staff and volunteers involved in client related activities or when serving as trustees.



## RESERVES & RESERVES POLICY

Reserves are held to ensure that Start Up Stirling can continue to deliver services to the charity's beneficiaries. The charity delivers a range of services and carries out a number of projects that involve the employment of staff and also certain longer-term contractual commitments, specifically premises rental for the charity's main warehouse operating unit.

The Board of Trustees have examined the requirement for unrestricted reserves and determined a policy of holding reserves equivalent to the lesser of; three months staff costs plus the balance of contractually committed rent on the warehouse operating unit, or three months total operating costs.

The total reserves of the charity at 31<sup>st</sup> March 2021 were as follows:



	2019/20	2020/21	Required Reserves
Restricted Funds	7,475	120,129	n/a
Unrestricted Funds	107,443	218,799	72,554
<b>TOTAL</b>	<b>114,918</b>	<b>338,928</b>	<b>72,554</b>

Refer to Note 11 for a movement analysis of reserves.

The Trustees note that at 31 March 2021 the unrestricted funds of £218,799 were in excess of the required reserves under the Reserves policy. The Trustees remain cautious as the level of reserves required for the charity as the UK enters into a further period of change as we emerge from the COVID pandemic. The Trustees are aware that reliance on foodbanks may rise in the year to 31 March 2022 as the UK Government support packages, such as the Coronavirus Job Retention Scheme, end and other support such as the temporary increase in the Universal Credit are reversed.

In the coming year the Trustees will look at setting aside an element of the unrestricted funds in designated funds. Designated funds are those unrestricted funds that have been allocated at the Trustees' discretion for particular purposes. They can be unallocated subsequently should circumstances change. The Trustees will review their tangible asset requirements and an appropriate level of designated funds necessary for the ongoing requirements of the charity in the coming year.

Approved by the trustees on 20<sup>th</sup> December 2021

Signature		Signature	
Name	Dr Anthony Birch	Name	Mark Aspinwall
Role	Convenor	Role	Treasurer

## WHERE OUR INCOME COMES FROM

**Fundraising** – the principal fundraising activity of the charity is an annual festive appeal. This year we ran a Festive Friends activity that raised over £59,000 during the 2020/21 Christmas and New Year period.

**Community donations** – a wide variety of individuals and groups make regular and one-off donations to the charity via our website, using online payment services offered by the likes of Facebook. A significant proportion of the monies received come from local churches and faith bodies, community groups and schools. During the year we benefited from £245,440 in donations (2019/20: £87,368). We have been overwhelmed by the level of donations from individuals, groups and businesses during this very difficult pandemic and these donations have ensured that the charity has been able to continue to deliver its vital services.

**Grants and Statutory funding** – we have a number of established relationships with public sector and other grant awarding bodies who provide financial support to a number of specific aspects of the charity's operations. During 2020/21 the charity received income of £202,307 in relation to grants and statutory funding (2019/20: £75,609). We are extremely grateful for the support that we have received this year as it has allowed us to continue to adapt our approach to service delivery whilst complying with social distancing restrictions.

The details of the grant and statutory income received, and the associated level of expenditure is shown in Notes 3 and 4 of the Annual Accounts.

## HOW WE SPEND THE MONEY

**Home Starter Packs** –this service involves the purchasing of various household items, bedding and packaging. A dedicated team of volunteers working out of our warehouse unit undertake the sorting and packaging of the support packs which are distributed to clients with the assistance of Stirling Council Homelessness Partnership.

**Crisis Food Bank** – our main gateway service is coordinated by Support Worker members of staff who liaise with referral organisations to organise a series of face to face food bank sessions in the Stirling area. These sessions are run by members of our volunteer supporter team. In addition to staffing costs, we incur expenditure on premises rental and related services, purchasing fresh produce, meat and dairy food items. In the year to 31 March 2021 we had to adapt our normal service delivery as we were unable to run food bank sessions as in previous years. Instead we adopted a full delivery service, reducing our rental costs but significantly increasing our transport costs. We receive, sort and store donated food and other items in our warehouse unit that is overseen by our Warehouse Manager.

**Crisis Food Home Delivery** – our services are available across the entire Stirling Council catchment area. We operate our own transport in the form of two vans that are driven by a team of volunteer drivers who deliver food and other goods to clients who are unable to attend our face to face food banks. As noted above our Crisis Food Bank adopted this model for much of the year. The vehicles are also used to collect food waste donations from local supermarkets and pick-up community food donations from across the area.

**Beyond the Food Bank** – this additional support service is organised by Support Worker members of staff who liaise with individual clients. These sessions are run by members of our volunteer supporter team. In addition to staffing costs, we incur expenditure on the rental of external facilities and catering for community meals and other similar events. These sessions were curtailed this year due to the COVID-19 pandemic.

**General management, Fundraising, Volunteer Coordination and Other Support** – a key part of sustaining the charities activities is our engagement with donors and supporters, including a group of around one-hundred and ten local volunteers. We employ a General Manager, a Fundraising Manager and a Volunteer & Training Coordinator on a part-time basis to coordinate a variety of initiatives aimed at maintaining and developing the flow of funds, food and other donations to the charity. We also employ an Office Administrator to support the operations of the charity.

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF START UP STIRLING.

I report on the accounts of the charity for the year ended 31<sup>st</sup> March 2021 which are set out on pages 29 to 43.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
  - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Name:** Ian Bilsland

**Relevant Professional qualification:** FCCA

**Address:** Drummond Laurie,  
Unit 5 Gateway Business Park,  
Beancross Road,  
Grangemouth, FK3 8WX

**Date:** 20 December 2021

START UP STIRLING  
STATEMENT OF FINANCIAL ACTIVITIES  
INCORPORATING INCOME & EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

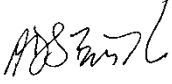

	Unrestricted funds	Restricted funds	2020/21 Total	2019/20 Total
	£	£	£	£
<b>Income from</b>				
Donations	245,440	-	245,440	87,368
Grants & Statutory	9,300	193,007	202,307	75,609
Fundraising	51,518	-	51,518	51,012
Other	-	-	-	9,919
<b>Total</b>	<b>306,259</b>	<b>193,007</b>	<b>499,265</b>	<b>223,908</b>
<b>Expenditure on</b>				
Staff & Staff Related	136,942	16,256	153,199	115,172
Rent & Premises Related	29,430	9,603	39,033	42,996
Food Purchases	2,498	29,943	32,442	15,045
Fundraising Supplies	3,117	-	3,117	1,491
Starter Pack Purchases	6,601	2,631	9,232	5,370
Depreciation	8,464	-	8,464	6,837
Office Supplies & Services	1,653	2,651	4,305	4,777
Miscellaneous	1,205	7,112	8,317	4,488
Insurance	3,687	-	3,687	3,525
Professional Fees	2,400	-	2,400	3,000
Transport	(0)	11,062	11,061	3,195
<b>Total</b>	<b>195,997</b>	<b>79,258</b>	<b>275,255</b>	<b>205,896</b>
<b>Net income</b>				
Net income	110,262	113,748	224,010	18,012
Transfers	1,094	(1,094)	-	-
Movements in funds	111,356	112,654	224,010	18,012
<b>Total funds brought forward</b>	<b>107,443</b>	<b>7,475</b>	<b>114,918</b>	<b>96,906</b>
<b>Total funds carried forward</b>	<b>218,799</b>	<b>120,129</b>	<b>338,928</b>	<b>114,918</b>

None of the charity's activities were discontinued during the above financial years. There were no recognised gains or losses from the disposal of assets for the above financial years.

START UP STIRLING  
STATEMENT OF FINANCIAL POSITION  
INCORPORATING BALANCE SHEET  
AS AT 31<sup>st</sup> MARCH 2021

	Notes	2020/21	2019/20
		£	£
<b>Fixed assets</b>			
Tangible assets	7	14,224	8,966
<b>Current assets</b>			
Prepayments	8	4,414	1,328
Cash		377,372	122,257
		<b>381,786</b>	<b>123,585</b>
<b>Current liabilities</b>			
Deferred income	10	56,147	12,475
Creditors	9	935	5,158
		<b>57,082</b>	<b>17,633</b>
<b>Net current assets</b>		<b>324,704</b>	<b>105,952</b>
<b>Net assets</b>		<b>338,928</b>	<b>114,918</b>
<b>Funds</b>			
Restricted funds	11	120,129	7,475
Unrestricted funds	11	218,799	107,443
<b>Total funds</b>		<b>338,928</b>	<b>114,918</b>

Approved by the trustees on 20 December 2021

Signature		Signature	
Name	Dr Anthony Birch	Name	Mark Aspinwall
Role	Convenor	Role	Treasurer

START UP STIRLING  
STATEMENT OF CASH FLOWS  
AS AT 31<sup>st</sup> MARCH 2021

	2020/21	2019/20
	£	£
<b>Operating activities</b>		
Cash flow from Operations	224,010	18,012
Adjusted for:		
Depreciation	8,464	6,837
Movement in Debtors	(3,086)	85
Movement in Creditors	39,449	5,665
<b>Cash generated from Operations</b>	<b>268,837</b>	<b>30,599</b>
<b>Investing activities</b>		
Payments to acquire fixed assets	(13,722)	-
<b>Cash used in investing activities</b>	<b>(13,722)</b>	<b>-</b>
<b>Net cash generated</b>		
Cash generated from Operations	268,837	30,599
Cash used in investing activities	(13,722)	-
<b>Net cash generated</b>	<b>255,115</b>	<b>30,599</b>
Cash and cash equivalents at 1 April	122,257	91,658
<b>Cash and cash equivalents at 30 March</b>	<b>377,372</b>	<b>122,257</b>

START UP STIRLING  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

**NOTE 1 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

**Basis of Preparation**

The financial statements have been prepared under the historic cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effect from 1<sup>st</sup> January 2015. The Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102), the Companies Act (2006), the Charities and Trustees Investment (Scotland) Act (2005) and the Charities Accounts (Scotland) Regulations (2006) as amended.

**Going Concern**

The Board of Trustees are of the opinion that the charity can continue to meet its obligations as they fall due for the foreseeable future and have therefore prepared the financial statements on a going concern basis.

Based on the annual budget approved by the Trustees for the year to 31 March 2022 the charity has sufficient cash held at the bank to cover a full year's worth of expenditure from the date that this annual report was approved by the Trustees. As a direct result of this the Trustees will continue to meet its obligations as they fall due for the foreseeable future.

**Deferred income**

Income received from a third party is deferred and carried on the balance sheet as a liability where the entitlement for use is not met. Refer to Note 10 for details of deferred income.

**Expenditure**

All expenditure is accounted for on an accrual basis and is recognised in the period in which it is incurred. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services in pursuit of its charitable purposes. Reported expenditure includes costs attributed to such charitable activities and also costs of an indirect nature necessary to support the delivery of these services.

**Fund accounting**

Funds held by the charity are either in an unrestricted general fund that is used in pursuit of the organisation's overall charitable purposes, or in a restricted fund. Restrictions applied to the use of funds may be stipulated by donors at the point that monies are made available to the charity. The charity's Board of Trustees may at their discretion decide to set aside funds for a specific charitable purpose and thereby designate restrictions on the use of funds.



**START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021**

**Fixed assets**

Tangible fixed assets are measured at historic cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided on all tangible fixed assets and charged to the Income & Expenditure account on a straight-line basis. Refer to Note 7 for details of the charities tangible fixed assets and related depreciation charges.

**Cash and cash equivalents**

Cash and cash equivalents include cash at bank and in hand. In the Statement of Cash Flows, cash and cash equivalents are shown net of any bank overdrafts, where applicable. Bank overdrafts are reported as borrowing liabilities on the Statement of Financial Position.

**Debtors and prepayments**

The organisation is a registered charity and does not carry out any trading activities. Consequently, reported debtors and prepayments relate to the proportion of any goods or services paid for by the charity where an element remains to be consumed in a future period.

**Creditors**

Short-term creditors are measured at transaction price, normally the invoice price. Reported creditors include employer social security and tax liabilities. Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and consequently measured at amortised cost determined using the effective interest method.

**Taxation**

The organisation is a registered charity and does not carry out any trading or other taxable activities. Consequently, no provision is made for Corporation Tax. Other taxes, including VAT, are recognised as an expense in the period to which they relate. The charity claims Gift Aid tax relief on eligible donations in accordance with applicable HMRC regulations.

**Pensions**

Employer pension contributions to a NEST money purchase plan are reported as operating costs and recognised as an expense in the period to which they relate.

**NOTE 2 – CRITICAL ACCOUNTING JUDGEMENTS**

Estimates and judgements in relation to the charity's financial position form part of a continual and ongoing process of financial management. Where accounting judgements are made these are based on historical experience and other relevant factors, including expectations of future events that are believed to be reasonable under the circumstances.

START UP STIRLING  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021  
START UP STIRLING

NOTE 3 – GRANT & STATUTORY INCOME

	Unrestricted funds	Restricted funds	2020/21 Total	2019/20 Total
	£	£	£	£
Stirling Council	-	55,554	55,554	18,680
Scottish Government	-	39,646	39,646	33,679
Corra Foundation	-	2,000	2,000	-
SVE	-	2,000	2,000	-
Yorkshire Building Society	-	2,000	2,000	-
Stirling and Bridge of Allan Round Table	-	2,000	2,000	-
Waitrose Community Fund	-	1,000	1,000	-
Gordon Fraser Charitable Trust	-	2,000	2,000	-
Tesco / Groundwork UK	-	500	500	-
Sons of the Rock	-	825	825	-
Clackmannanshire Council	-	500	500	-
Kiltwalk	400	-	400	-
Neighbourly	400	-	400	-
Scotmid Community Grant	-	250	250	-
Aviva	-	599	599	-
Martin Lewis Covid fund	-	20,000	20,000	-
Robertson Trust	-	6,750	6,750	11,250
Vol Action	3,000	2,000	5,000	10,000
FISCAF	-	-	-	2,000
BOS Foundation	-	19,650	19,650	-
Foundation Scotland	5,000	29,883	34,883	-
Woodward Trust	-	400	400	-
Mary's Memorial Fund	-	540	540	-
Arco	500	-	500	-
Stafford Trust	-	4,910	4,910	-
<b>Total</b>	<b>9,300</b>	<b>193,007</b>	<b>202,307</b>	<b>75,609</b>

START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 4 – ANALYSIS OF EXPENDITURE ATTRIBUTED TO GRANTS & STATUTORY INCOME

	Unrestricted funds	Restricted funds	2020/21 Total	2019/20 Total
	£	£	£	£
Bank of Scotland	-	4,913	4,913	-
Foundation Scotland	5,000	13,144	18,144	-
Stirling Council	-	17,371	17,371	18,601
Martin Lewis	-	14,706	14,706	-
Scottish Government	-	10,001	10,001	31,436
Volunteer action	3,000	2,000	5,000	10,047
Corra Foundation	-	2,000	2,000	-
Yorkshire Building Society	-	1,987	1,987	-
Stirling and Bridge of Allan Round Table	-	1,717	1,717	-
Waitrose Community Fund	-	1,000	1,000	-
Gordon Fraser Charitable Trust	-	997	997	-
Tesco / Groundwork UK	-	833	833	-
Sons of the Rock	-	500	500	-
Arco	500	-	500	-
Clackmannanshire Council	-	495	495	-
Kiltwalk	400	-	400	-
Neighbourly	400	-	400	-
Scotmid Community Grant	-	400	400	-
Woodward Trust	-	250	250	-
Aviva	-	149	149	-
NISA	-	46	46	-
Robertson Trust	-	6,750	6,750	13,644
FISCAF	-	-	-	2,000
<b>Total</b>	<b>9,300</b>	<b>79,258</b>	<b>88,558</b>	<b>75,728</b>

NOTE 5 – NET INCOME

Stated after charging	2020/21	2019/20
	£	£
Depreciation of owned assets	8,464	6,837
Operating lease rentals - land & buildings	31,500	30,000

START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 6 – STAFF COSTS

	2020/21	2019/20
	£	£
Staff salaries	118,665	90,511
Social security	24,651	14,790
Pensions	9,777	7,690
Other	-	2,818
<b>Total</b>	<b>153,094</b>	<b>115,809</b>
Average number of employees	7.1	6.4

NOTE 7 – FIXED ASSETS

Cost	Motor vehicles	Plant and machinery	Total
	£	£	£
As at 1 April 2020	28,574	10,637	39,211
Additions	-	13,722	13,722
As at 31 March 2021	28,574	24,359	52,933
<b>Depreciation</b>			
As at 1 April 2020	(23,864)	(6,381)	(30,245)
Charge for the year	(4,710)	(3,754)	(8,464)
As at 31 March 2021	(28,574)	(10,135)	(38,709)
<b>Net book value</b>			
As at 31 March 2020	4,710	4,256	8,966
As at 31 March 2021	-	14,224	14,224

NOTE 8 – PREPAYMENTS

	2020/21	2019/20
	£	£
Insurance	2,306	1,328
Rent	2,108	-
<b>Total</b>	<b>4,414</b>	<b>1,328</b>

NOTE 9 – CREDITORS

	2020/21	2019/20
	£	£
Tax and social security	-	1,933
Pensions	935	-
Professional fees	-	3,000
Miscellaneous	-	225
<b>Total</b>	<b>935</b>	<b>5,158</b>

START UP STIRLING  
 NOTES TO THE ACCOUNTS (CONTINUED)  
 FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 10 – DEFERRED INCOME

	2020/21 Opening position	2020/21 Funds received	2020/21 Released to income	2020/21 Closing position
	£	£	£	£
Robertson Trust	6,750	-	(6,750)	-
Foundation Scotland	5,000	-	(5,000)	-
Sons of the Rock	325	-	(325)	-
Woodward Trust	400	-	(400)	-
Nationwide	-	50,047	-	50,047
NISA	-	4,100	-	4,100
Scottish Communities Fund	-	2,000	-	2,000
<b>Total</b>	<b>12,475</b>	<b>56,147</b>	<b>(12,475)</b>	<b>56,147</b>

	2019/20 Opening position	2019/20 Funds received	2019/20 Released to income	2019/20 Closing position
	£	£	£	£
Robertson Trust	5,000	6,750	(5,000)	6,750
Foundation Scotland	-	5,000	-	5,000
Sons of the Rock	565	325	(565)	325
Woodward Trust	400	-	-	400
Stirling Council	180	-	(180)	-
<b>Total</b>	<b>6,145</b>	<b>12,075</b>	<b>(5,745)</b>	<b>12,475</b>

NOTE 11 – MOVEMENT IN FUNDS

	2020/21 Opening position	2020/21 Incoming resources	2020/21 Outgoing resources	2020/21 Transfers	2020/21 Closing position
	£	£	£	£	£
Restricted funds	7,475	193,007	(79,258)	(1,094)	120,129
Unrestricted funds	107,443	306,259	(195,997)	1,094	218,799
<b>Total</b>	<b>114,918</b>	<b>499,265</b>	<b>(275,255)</b>	<b>-</b>	<b>338,928</b>

	2019/20 Opening position	2019/20 Incoming resources	2019/20 Outgoing resources	2019/20 Transfers	2019/20 Closing position
	£	£	£	£	£
Restricted funds	6,175	77,799	(76,469)	-	7,475
Unrestricted funds	90,761	152,439	(135,757)	-	107,443
<b>Total</b>	<b>96,906</b>	<b>230,238</b>	<b>(212,226)</b>	<b>-</b>	<b>114,918</b>

START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

The detailed movement in funds is shown in the table below:

	At 1st April 2020	Net movement in funds	Transfer between funds	At 30th March 2021
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	107,443	306,259	(195,997)	218,799
<b>Restricted funds</b>				
Robertson Trust	6,750	-	-	6,750
Sons of the Rock	325	-	-	325
Woodward Trust	400	-	-	400
Stirling Council	-	38,183	-	38,183
Scottish Government	-	29,645	-	29,645
Corra Foundation	-	-	-	-
SVE	-	2,000	-	2,000
Yorkshire Building Society	-	13	-	13
Stirling and Bridge of Allan Round Table	-	283	-	283
Waitrose Community Fund	-	-	-	-
Gordon Fraser Charitable Trust	-	1,003	-	1,003
Tesco / Groundwork UK	-	(8)	-	-8
Clackmannanshire Council	-	5	-	5
Scotmid Community Grant	-	-	-	-
Aviva	-	450	-	450
Martin Lewis Covid fund	-	5,294	(522)	4,772
Volunteer Action	-	-	-	-
BOS Foundation	-	14,737	-	14,737
Foundation Scotland	-	16,739	(572)	16,167
Mary's Memorial Fund	-	540	-	540
Stafford Trust	-	4,864	-	4,864
Total restricted funds	7,475	113,748	(1,094)	120,129
<b>Total funds</b>	<b>114,918</b>	<b>499,265</b>	<b>(275,255)</b>	<b>338,928</b>

START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

Net movement in funds for the year to 31<sup>st</sup> March 2021, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	306,259	(195,997)	110,262
<b>Restricted funds</b>			
Robertson Trust	6,750	(6,750)	-
Sons of the Rock	825	(825)	-
Woodward Trust	400	(400)	-
Stirling Council	55,554	(17,371)	38,183
Scottish Government	39,646	(10,001)	29,645
Corra Foundation	2,000	(2,000)	-
SVE	2,000	-	2,000
Yorkshire Building Society	2,000	(1,987)	13
Stirling and Bridge of Allan Round Table	2,000	(1,717)	283
Waitrose Community Fund	1,000	(1,000)	-
Gordon Fraser Charitable Trust	2,000	(997)	1,003
Tesco / Groundwork UK	500	(508)	(8)
Clackmannanshire Council	500	(495)	5
Scotmid Community Grant	250	(250)	-
Aviva	599	(149)	450
Martin Lewis Covid fund	20,000	(14,706)	5,294
Volunteer Action	2,000	(2,000)	-
BOS Foundation	19,650	(4,913)	14,737
Foundation Scotland	29,883	(13,144)	16,739
Mary's Memorial Fund	540	-	540
Stafford Trust	4,910	(46)	4,864
<b>Total restricted funds</b>	<b>193,007</b>	<b>(79,259)</b>	<b>113,748</b>
<b>Total funds</b>	<b>499,266</b>	<b>(275,256)</b>	<b>224,010</b>

START UP STIRLING  
 NOTES TO THE ACCOUNTS (CONTINUED)  
 FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

The detailed comparative movement in funds is shown in the table below:

	At 1st April 2019	Net movement in funds	Transfer between funds	At 30th March 2020
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	90,761	16,682	-	107,443
<b>Restricted funds</b>				
Donations and Fundraising	565	(565)		-
Robertson Trust	5000	1,750		6,750
Stirling Council	180	(180)		-
Sons of the Rock	0	325		325
Woodward Trust	400	-		400
Total restricted funds	6,145	1,330	-	7,475
<b>Total funds</b>	<b>96,906</b>	<b>18,012</b>	<b>-</b>	<b>114,918</b>

The comparative net movement in funds for the year to 31<sup>st</sup> March 2020, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	152,439	(135,757)	16,682
<b>Restricted funds</b>			
Stirling Council	18,680	(18,860)	(180)
Scottish Government	33,679	(33,679)	0
Robertson Trust	11,250	(9,500)	1,750
Volunteer Action	13,330	(13,330)	0
Sons of the Rock	325	0	325
Donations and Fundraising	535	(1,100)	(565)
Total restricted funds	77,799	(76,469)	1,330
<b>Total funds</b>	<b>230,238</b>	<b>(212,226)</b>	<b>18,012</b>



START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1st April 2019 £	Net movement in funds £	Transfer between funds £	At 30th March 2021 £
<b>Unrestricted funds</b>				
General fund	90,761	126,944	1,094	218,799
<b>Restricted funds</b>				
Robertson Trust	5,000	1,750	-	6,750
Sons of the Rock	-	325	-	325
Woodward Trust	400	-	-	400
Stirling Council	180	38,003	-	38,183
Scottish Government	565	(565)	-	-
Corra Foundation	-	29,645	-	29,645
SVE	-	-	-	-
Yorkshire Building Society	-	2,000	-	2,000
Stirling and Bridge of Allan Round Table	-	13	-	13
Waitrose Community Fund	-	283	-	283
Gordon Fraser Charitable Trust	-	-	-	-
Tesco / Groundwork UK	-	1,003	-	1,003
Clackmannanshire Council	-	-8	-	-8
Scotmid Community Grant	-	5	-	5
Aviva	-	-	-	-
Martin Lewis Covid fund	-	450	-	450
Volunteer Action	-	5,294	(522)	4,772
BOS Foundation	-	-	-	-
Foundation Scotland	-	14,737	-	14,737
Mary's Memorial Fund	-	16,739	(572)	16,167
Stafford Trust	-	540	-	540
<b>Total restricted funds</b>	<b>6,145</b>	<b>115,078</b>	<b>(1,094)</b>	<b>120,129</b>
<b>Total funds</b>	<b>96,906</b>	<b>242,022</b>	<b>-</b>	<b>338,928</b>

START UP STIRLING  
 NOTES TO THE ACCOUNTS (CONTINUED)  
 FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	458,698	(331,754)	126,944
<b>Restricted funds</b>			
Robertson Trust	18,000	(16,250)	1,750
Sons of the Rock	1,150	(825)	325
Woodward Trust	400	(400)	0
Stirling Council	74,234	(36,231)	38,003
Volunteer action	15,330	(15,330)	0
Donations and fundraising	535	(1,100)	(565)
Scottish Government	73,325	(43,680)	29,645
Corra Foundation	2,000	(2,000)	0
SVE	2,000	0	2,000
Yorkshire Building Society	2,000	(1,987)	13
Stirling and Bridge of Allan Round Table	2,000	(1,717)	283
Waitrose Community Fund	1,000	(1,000)	0
Gordon Fraser Charitable Trust	2,000	(997)	1,003
Tesco / Groundwork UK	500	(508)	(8)
Clackmannanshire Council	500	(495)	5
Scotmid Community Grant	250	(250)	0
Aviva	599	(149)	450
Martin Lewis Covid fund	20,000	(14,706)	5,294
BOS Foundation	19,650	(4,913)	14,737
Foundation Scotland	29,883	(13,144)	16,739
Mary's Memorial Fund	540	0	540
Stafford Trust	4,910	(46)	4,864
Total restricted funds	270,806	(155,728)	115,078
<b>Total funds</b>	<b>729,504</b>	<b>(487,482)</b>	<b>242,022</b>

A short description of each of the restricted funds is as follows:

**Robertson Trust**

The fund relates to funding for people and communities in Scotland living with poverty and trauma.

**Sons of the Rock**

The fund is restricted to discrete items for our service users.

**Woodward Trust**

The funds are restricted to purchase certain items for use in the organisation.

START UP STIRLING  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2021

**NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)**

**Stirling Council**

The funds are restricted to cover a number of our costs, including food purchases and starter pack household items.

**Volunteer action**

The funds are restricted for volunteer and staff training.

**Donations and fundraising**

These are small donations and fundraising initiatives which cover specific activities at a point in time.

**Scottish Government**

The funds are restricted to covering specific staff costs, fresh food purchases and vehicle running costs.

**Corra Foundation**

The funds are restricted to defined back office and operational costs.

**SVE**

The funds are restricted to the production of recipe cards for our service users.

**Yorkshire Building Society**

The funds are restricted to expenditure for volunteers and our food delivery and related transport costs.

**Stirling and Bridge of Allan Round Table**

**Waitrose Community Fund**

**Tesco / Groundwork UK**

**Scotmid Community Grant**

The funds are restricted to food purchases.

**Gordon Fraser Charitable Trust**

The funds are restricted to supporting those in temporary accommodation.

**Clackmannanshire Council**

The funds are restricted to packaging of food for distribution.

**Aviva**

The funds are restricted to supporting our work on Tackling Rural Isolation (TRI).

**Martin Lewis Covid fund**

The funds are restricted for food purchases, delivery costs of the foods and funding of specific staff salaries.

**BOS Foundation**

The funds are in respect of contributing towards a proportion of specific staff salaries.

**Foundation Scotland**

The funds are restricted to the purchase of food, specific purchases for the running of the organisation and transport costs.

**Mary's Memorial Fund**

The funds are a generous donation following the death of Mary McBride in May 2020.

The funds are for use in our support services.

**Stafford Trust**

The funds are restricted to training, support and workwear for our volunteers.