



FOOTSTEPS FOR YOUR FOODBANK

1	2	3	4	5
Boots on! Time to get walking				
6	7	8	9	10
Leave the car at home and get some extra steps in				
11	12	13	14	15
Organise a long weekend walk with friends or family				
16	17	18	19	20
Over half way! Keep going :)				
21	22	23	24	25
You will have reached 100 miles by now!				
26	27	28		
You've done it! Put your feet up, hero.				

