

Start Up Stirling Newsletter

March 2019

Local Foodbank & Crisis Support



2018 in a snapshot!

Over **116,000 meals** provided via **1299** referrals to the Foodbanks, which supported more than **2400 individuals** over a third of which were children.

Mobile Foodbanks expanded to provide over **28,000 meals** to those who cannot access Foodbanks. With our rural deliveries incorporating the whole of Stirlingshire from Tyndrum to Strathblane.

145 Starter Packs given to help people settle into new tenancies.

109 Welcome Packs to help those in temporary housing.

Over **240** Emergency Food Packs and **329** Toiletry Packs distributed to help the temporary homeless.

Friends of Start Up Stirling

Could you become a Friend of Start Up Stirling? Regular donations are key to our continued success, they allow us to provide vital services to those experiencing hardship in the local community. Any regular donation is welcome starting from a suggested minimum of £5 per month. Don't forget to authorise Gift Aid if your eligible.

Friends of Start Up Stirling also play a key role in raising awareness of the work that we are doing. Whether you can organise a fundraising event, promote our services or simply tell your family and friends about our work, it all contributes to our success. To sign up please email us on mail@startupstirling.org.uk or call 01786 561027.

We are committed to operating our charity to the highest standards of conduct and that's why we hold the Good Fundraising Guarantee and are OSCR regulated!



Start Up Stirling is a Scottish Charitable Incorporated Organisation (SCIO) SC035477

Hello from the Convenor!

We are delighted to bring you Start Up Stirling's first newsletter of 2019! There's a lot happening with the charity so this is our opportunity to keep you informed of what's going on. Please let us know of any fundraising for Start Up Stirling that you're doing and you could be featured!

We are always looking for new ideas and to hear from groups and organisations that would like to work in partnership to support us financially, so if you can assist please do not hesitate to contact us!

We are very grateful for your ongoing support!

Gillian (Convenor)



Festive Appeal Success!

We had a great festive appeal this year! We received over 21 tonnes of food and £27,600 in donations! A huge thanks to all who donated!

Celebrating 25yrs of Start Up Stirling!

It's our Silver Jubilee of the Charity! For 25 years we have been helping those in crisis in the local community. We cover all of Stirlingshire and this year we want to celebrate all the hard work of our volunteers and the journey of our clients to a brighter future! So keep your eyes peeled for our upcoming events!



Don't forget to follow us on Facebook and Instagram!

FB: [@startupstirling](https://www.facebook.com/startupstirling)
IG: [@startupstirling](https://www.instagram.com/startupstirling)

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Competition! Keep your eyes peeled for more information coming soon on our children's 'Celebrating 25yrs of Start Up Stirling' poster competition!

What to look out for in 2019....

In the past four years we have seen the demand for the Foodbank increase by 50% which highlights just how vital our service is to the local community.

We're currently working on a donation station refresh for each of our food donation stations in the local supermarkets to help make them more visible.

We are also investigating a fresh food waste pilot with local supermarkets to hopefully reduce food waste and increase the offerings for our clients.

Our AGM is scheduled for April and we have plans for a fundraising evening to celebrate 25yrs of Start Up Stirling this year!

If you feel that you could arrange an event or fundraise for Start Up Stirling please get in touch! For any volunteering opportunities please email volunteer@startupstirling.org.uk

Quiz night! Join us for a quiz night in Callander organised by our lovely friends at the Ladies Circle Callander on Friday 26th April! All funds raised go to Start Up Stirling!

Get to know us!

Name: Julie Christie

Role at Start Up Stirling: Business and Fundraising Manager

How long have you been with SUS? 3 weeks!

What do you enjoy most about working with Start Up? The variety and getting to meet a lot of new people

What's your favourite film? The Hurt Locker

Where's your favourite place in the world? Venice

What's the last book you read? The Fearn Booby by Ian McNeish

What's your philosophy in life? Make the most of every day



Amazon Smile

Did you know that you can support us for no cost to yourself simply by using Amazon Smile? Just sign up and select Start Up Stirling as your chosen charity and everytime you shop on Amazon donates 0.5%!

Marathon Appeal

Fundraising through a healthy activity has a variety of benefits:

- Improves your strength, fitness and confidence
- Raises energy levels
- Increase your flexibility and mobility
- Help manage stress

If you would like to take part in a local sporting event and at the same time raise some much needed funds for Start Up then please do get in touch!

Start Up Stirling is registered with Justrunning.com or you can email us on mail@startupstirling.org.uk or contact us via Facebook!

How can you help?

Run a marathon, sponsored silence, dress down day in work? Every small donation really does make a difference to those in crisis. If you are able to donate one off, or regularly it would be very much appreciated!

To donate go to <https://startupstirling.org.uk/donate> or visit us at our unit at 16B Whitehouse Road, Stirling. Contact us on 01786 561027 or email mail@startupstirling.org.uk

Upcoming Gig for Start Up Stirling!

AFTer YoUTH + HOLY PIRANHA are holding a gig at Meditteranea in Stirling on 14th March 2019!