



START-UP STIRLING

SCOTTISH CHARITY NO SC035477

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR TO THE 31ST MARCH 2017

Trustees' Annual Report

For the Year to the 31st March 2017

The Trustees have pleasure in presenting their annual report together with the financial statements and the independent examiner's report for the period from the Year to the 31st March 2017.

Reference and Administrative Information

Charity Name -

Start-Up Stirling

Charity No -

SC035477

Address

Unit 9 Springkerse Industrial Estate, 10 Munro Road, Stirling FK7 7UU

Current Trustees

Colin Smith

Nerys Brown (resigned 25.10.16)

Duncan Crombie (resigned 27.06.16)

Susan Mackay

Sandra Sankey

Robert Stewart

Jay Brownlee

Hazel Martin (Date of appointment 21.09.16)

Clare Moffat (date of appointment 21.09.16)

Structure Governance & Management

Constitution

On the 6th March 2014 Start Up Stirling was incorporated as a Scottish Charitable Incorporated Organisation (SCIO). These accounts cover the period from the 1st April 2016 to the 31st March 2017

Appointment of Trustees

The management committee comprises the Trustees of the charity. Membership of the committee is open to like-minded people from local churches and the wider community. Trustees are elected at the Annual General Meeting.

Trustees are responsible for the strategic direction and guidance of the charity whilst day to day running is the responsibility of the Project Co-ordinator.

Charitable Purposes

The organisation is established as a Christian interdenominational body with the following objects:

- to relieve poverty, suffering and distress by providing or assisting in the provision of household goods with the object of improving the conditions of life for the inhabitants of Stirlingshire generally but in particular those who have need of such facilities by virtue of their youth, age, ethnicity, infirmity, disability, special needs, poverty, homelessness, domestic abuse, unemployment or social and economic conditions
- to undertake such other charitable activities as may be helpful to the aforesaid persons

Background

Start Up Stirling was established in 1994 by a group of local churches who came together to collect goods to provide to young people who had been homeless and were entering their first home of their own. This work has developed to our current helper packs service.

The charity has evolved over time and continues to work closely with the practical needs of all people throughout Stirlingshire who are experiencing homelessness, poverty and/or financial hardship.

In 2012 the first foodbank opened. We now have three foodbanks along with a mobile service, run weekly by volunteers supported by staff. Our foodbanks have always been about much more than the food and have always included listening volunteers in a community café style environment.

This year our offering at the foodbanks has expanded with the welcome presence of Stirling Citizens Advice Bureau (CAB) enabling money advice (from benefits, debt, employment to utilities, housing, etc.) to be more readily available to those we are supporting.

Our new support service launched in January and offers lunch and a space where assistance is offered to attempt to support individuals within our community in more depth to make positive changes in their lives and aims to reduce dependency on our foodbanks.

Statistics and our experience have shown a growing need for the services we provide year on year and with the planned commencement of Universal Credit Full Service in summer 2017 this level of need sadly shows no sign of reducing.

- Just over 12% people in Stirling live in a household suffering from income deprivation (Scottish Index of Multiple Deprivation (SIMD 2016)). This accounts for 11,000 people across the area, of which:
 - almost one fifth of whom live outside the south-east urban area (Stirling city)
 - 2,500 currently live in areas described as very income deprived nationally
 - Raploch (Stirling) is an area of deep-rooted deprivation and has been consistently among the 5% most deprived areas in Scotland since SIMD 2004.
- Over 200 households are homeless or in temporary accommodation at any one time in Stirlingshire
- 9,500 people suffer from income deprivation also live in areas not currently recognised as income deprived.

Activities Summary

1. Staff grew from 170 weekly hours (4.5 FTE) to 197.5 hours (5.3 FTE) during the period.
2. We had 85 volunteers during this period with 9 leaving and 14 commencing volunteering. We had an 89% retention rate for volunteers during this period.
3. Employability placements providing 16 volunteers with practical work related skills.
4. Supermarket support has grown throughout this year with donation stations in most major supermarkets throughout Stirlingshire.
5. Active participation in Homeless Partnership Group, Tackling Poverty and Inequalities Group, Third Sector Leaders forum, Raploch Frontline workers forum, Food Summit and End Hunger event.
6. Met with service users in 1-1 sessions and focus groups to listen to their experiences of our services and incorporated this learning to improve them.
7. Continued to offer 3 weekly foodbanks in the city of Stirling and expanded the mobile foodbank delivery service to two sessions each week to meet growing demand.
8. Expanded partnership with Sunlite café including soup project and foodbank taster sessions.
9. Provided a Christmas community meal in partnership with local butcher, Sunlite Café, Forth Environment Link, Boozy Cow, local supermarkets and further education establishments.
10. From October 2016 Stirling CAB representatives have been present in foodbanks enabling us to provide more direct help to those who need this. This has been warmly welcomed both by recipients and our volunteers.
11. Launched new support service in January 2017.

Achievements

During the period 01 April 2016 – 31 March 2017 Start Up Stirling have provided the following services.

Helper Packs

- 155 Starter Packs were provided and in addition 127 kettles, 103 single duvets, 118 double duvets, 119 toasters, 79 microwaves, 6 irons and 2 ironing boards were also distributed via Stirling Council Homeless Housing team and Loretto Care.
- 116 Emergency Packs provided via Stirling Council Homeless Housing Team
- 129 Welcome Packs provided via Stirling Council Homeless Housing Team
- 337 Toiletry Packs were provided (179 male and 158 female) via Stirling Council Homeless Housing Team and the Salvation Army

Foodbank

During this period 114,030 meals were provided to those in need within our community. We received 1009 referrals to our services from our referral partners. We continued to measure repeated need for support (i.e. more than one referral period) and this increased from 50% last year to 52% in this year. The proportion of repeat support of those residing in rural Stirlingshire is significantly higher than in the urban area.

1290 adults and 673 children were supported during this period. The proportion of children supported in this year has risen from just over 30% to 34%.

Referral partnerships are established with Stirling Citizens Advice Bureaux (CAB), Stirling Council Housing (Homeless and Mainstream), Stirling Council Money Advice, Stirling Women's Aid, Homestart Stirling, Forth Housing Association, Rural Stirlingshire Housing Association, Barnardo's, Stirling Council Criminal Justice, Cornton Action Planning Partnership, Stirling Carers Centre, Nurseries, Forth Valley College, Stirling University and NHS Keep Well team.

Prior to October 2016 Stirling CAB observed a 95% no show for advice following referral to the foodbank. In the first two months following introduction of Stirling CAB worker at the foodbank more than 80% of clients engaged with CAB following foodbank referral. Co-delivery has been shown to be the key to reducing the holes in the safety net and addressing social drift.

Our 'Feed a Family' Community Christmas appeal has supported the costs of providing fresh ingredients for Christmas and New Year meals for all those attending foodbanks throughout the festive period. The same community fundraising enabled us to continue to provide fresh fruit and vegetables to everyone attending foodbanks in addition to the fresh meat/eggs/cheese

required each week for the recipe cards throughout this period. £19,000 was spent on fresh goods such as fruit, vegetables, meat, cheese, eggs, etc. during this period.

Our Food, Nutrition and Education project started in March 2016 aims to enable recipients of our foodbank service to make better use of ingredients, cook more from scratch and generally improve their confidence around cooking. This takes place within our foodbanks where volunteers share a weekly recipe card and ingredients and encourage conversations around cooking. Around 40-50 people regularly engaged with the recipe card programme weekly.

We continued to receive weekly deliveries of fresh and frozen food from the Edinburgh Cyrenians Fareshare project. Sainsburys continued to deliver customer donations directly to our warehouse and we receive their surplus bakery items reaching the end of their shelf life. We also received donations from the FoodCloud waste food initiative with local Tesco stores and from the Neighbourly surplus food redistribution scheme with local Marks and Spencer Stores.

Support Service

Funding secured from Government Fair Food Transformation Fund allowed work to commence in October 2016. The main aim is to provide a weekly session where lunch is provided and the place and space is offered to support some of our more vulnerable service users who would welcome more of a 1-1 approach to improve their situation.

Volunteer team established and Christmas community meal took place. From January, six to ten individuals have attended on a weekly basis. We have been able to help people with a range of challenges including money advice/resolution, referral to mental health services, adult learning, employment programmes and participation in social activities in partnership with local agencies.

Donated facilities and services

- Start Up Stirling really appreciate the tremendous support of the Stirlingshire community who supply a range of support and resource to our work including volunteering time and energy, free lets of halls, donations of items for our foodbank and helper packs services and donations of money on a regular and/or one off basis.
- Special thanks to all the local schools and further education groups, businesses, churches, youth groups and supermarkets who continue to support our work.

Other Information – Future Plans for 2017/18

- Sustain current services.
- Continue with and expand recipe cards.
- Change foodbank referral system to improve engagement with support partners.
- Continue to sustain and develop relationships with local partners.
- Plan to work with other groups to provide community meals on an inclusive basis.
- Source alternative warehouse and office accommodation.
- Sustain and further develop support service to include rural Stirlingshire.
- Cookery courses to be introduced.

Funding

- The accounts reflect a surplus for the period of £13,391.70 (2016 £54,030.38)
- Donations including gift aid reflected in these accounts amounts to £43,874.65 (2016 £52,479.22)
- Grant income amounted to £110,231.71 (2016 £153,500.00.) Start up Stirling is extremely grateful to our funders during this financial period: Stirling Council Homelessness Partnership, Big Lottery, Scottish Government Fair Food Transformation Fund, Church of Scotland (Go For It Fund), NHS Health Improvement Forth Valley, Faiths in Community Scotland (FISCAF) and Stafford Trust.
- The statement of balances at 31st March 2017 includes £24,929.50 of restricted funds. This relates to restricted funds received during 2017/18 which have not yet been fully utilised.
- Reserves are £138,098.86 (2016 £124,707.16). Our current reserves policy is to cover six months of charity overheads and costs.
- Our reserves are currently higher than 6 months for several reasons:
 - We are in a volatile economic climate and the implementation of universal credit in 2017 may lead to higher levels of homelessness and an increase demand for our services.
 - Early evaluation of the new support service is encouraging and we expect to be continuing this in the future.
 - There is an expectation that we could move premises in 2017/18.
- During this financial year we entered into an agreement with the Speratus Group Ltd to share in their annual profits from the Boozy Cow Foundation in Stirling and those funds will be received during 2017/18.

Independent Examiner's report to the Trustees for the year ended 31 March 2017

In accordance with our terms of engagement we report on the accounts of the charity for the year ended 31 March 2017, which are set out on pages eleven to fourteen. We have carried out this engagement in accordance with the professional and technical guidance issued by the Chartered Institute of Management Accountants and we have complied with the ethical guidance laid down by the Institute.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) regulations 2006 (as amended). The Charity Trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulation does not apply. It is our responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

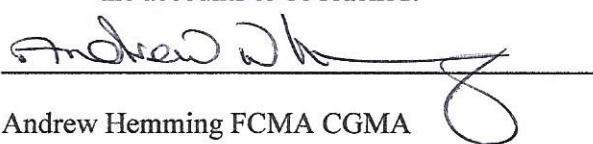
Basis of independent examiner's statement

Our examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention: -

1. Which gives us reasonable cause to believe that, in any material respect, the requirements: -
 - to keep accounting records in accordance with sections 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Andrew Hemming FCMA CGMA
Proprietor
For and on behalf of
Cathedral Accounting Services
Chartered Management Accountants
35 Montgomery Crescent
Dunblane
Perthshire
FK15 9FB

Date: 15 September 2017

Statement of Receipts and Payments – For the period from the 1st April 2016 to the 31st March 2017

Receipts	Note	Unrestricted Funds £	Restricted Funds £	Total 2017 £	Total 2016 £
Donations & Gift Aid		43874.65	-	43874.65	52479.22
Grants	4	-	110231.71	110231.71	153500.00
Fundraising		7635.62	25859.46	33495.08	34438.27
Bank Interest		95.73	-	95.73	87.29
Other		183.45	-	183.45	578.58
		51789.45	136091.17	187880.62	241083.36
Payments					
Cost of Charitable Activities		62449.49	112039.43	174488.92	187052.98
Grants & Donations		-	-	-	-
Surplus/(Deficit) for year		(10660.04)	24051.74	13391.70	54030.38

Statement of Balances – As at 31st March 2017

Funds Reconciliation	Unrestricted Funds	Restricted Funds	Total 2017
	£	£	£
Cash at Bank & In Hand - 01/04/2016	123829.40	877.76	124707.16
Surplus/ (Deficit) for the year	(10660.04)	24051.74	13391.70
Cash at Bank - 31/03/2017	113169.36	24929.50	138098.86
Bank Treasurer's Account			138098.86

The Notes on pages 13 & 14 form an integral part of these accounts

Approved by the trustees on the xxx and signed on their behalf by:-



Colin Smith

Convener



Robert G Stewart

Treasurer

Notes to the Accounts

1. Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity

3. Related Party Transactions

No remuneration was paid to the trustees or to any connected persons during the year (2016: Nil)

4. Grants Received

	Unrestricted funds	Restricted funds	Total 2017	Total 2016
	£	£	£	£
BIG Lottery	-	66374.20	66374.20	136000.00
Stirling Council	-	-	-	17500.00
FISCAF	-	7500.00	7500.00	-
Go For It Fund	-	18500.00	18500.00	-
NHS Forth Valley	-	1974.00	1974.00	-
Scottish Government	-	10883.51	10883.51	-
The Stafford Trust	-	5000.00	5000.00	-
	-	110231.71	110231.71	153500.00

5 Cost of Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total 2017 £	Total 2016 £
Staff Salaries including Expenses	28419.93	88371.18	116791.11	92780.44
Equipment	260.08	1528.10	1788.18	-
Cost of Premises	21143.91	6018.32	27162.23	25251.88
Stock Items	10732.62	12869.09	23601.71	41924.06
Professional Fees	-	-	-	18859.43
Motor Vehicle	255.30	-	255.30	4966.50
Sundries	1637.65	3252.74	4890.39	3260.67
	62449.49	112039.43	174488.92	187052.98

6 Grants & donations made

2017 £	2016 £
Nil	Nil