



ANNUAL REPORT AND ACCOUNTS
1st APRIL 2021 - 31st MARCH 2022

START UP STIRLING ANNUAL REPORT AND ACCOUNTS

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**START UP STIRLING
CHARITY INFORMATION**

CHARITY NUMBER

SC035477

REGISTERED ADDRESS

16B WHITEHOUSE ROAD
SPRINGKERSE INDUSTRIAL ESTATE
STIRLING
FK7 7SP

WEBSITE

<http://www.startupstirling.org.uk>

BANKERS

Co-Op Bank
Nationwide Bank
Charity Bank

START UP STIRLING
BOARD OF TRUSTEES

The following persons served as Trustees of the charity during the period 1st April 2021 to 31st March 2022.

Persons noted as a 'Current Trustee' are members of the Board of Trustees at the reporting date (31st March 2022). No Trustees joined or left the Board of Trustees in this year.

Current Trustee	Official Role	Appointed
A Birch	Convenor (from 26 th April 2019 to 25 th November 2021)	19 th Nov 2018
J Bull		6 th Feb 2019
E Ferguson		10 th Jul 2019
R Traynor		10 th Jul 2019
J Barnes		6 th Nov 2019
H Martin	Secretary (from 1 st June 2020)	6 th May 2020
F Wilson		3rd Jun 2020
M Aspinwall	Treasurer (from 10 th Feb 2021)	9 th Dec 2020
B Gil	Convenor (from 25 th November 2021)	9 th Dec 2020

MESSAGE FROM OUR CONVENOR

After the trials and tribulations of 2020/21 and the impact of the Covid pandemic, it would have been nice to be able to say that 2021/22 marked a return to normality and calmer days. However, while it would have been difficult to match the disruption of the initial wave of Covid, the impact of the pandemic has carried on throughout the whole of the reporting year and the end of year was marked by a number of staff and volunteers experiencing their first encounter with the dreaded virus.

Having said that, the year has seen us largely return to the provision of our 2 weekly foodbanks in Raploch and St Ninians, with the occasional shift back to a full home delivery service as a new wave of Covid has hit. Thanks to our wonderful staff and volunteers, we have continued to deliver a full service whatever the challenges, with volunteers often meeting calls for assistance at short notice as Covid has led to gaps in our rotas. So can I say a big Thank You to all of our regular and irregular volunteers who have always managed to hold the fort, whatever the circumstances. Indeed, the quality of our Volunteers has recently been recognised with Start Up having been given the Queens Voluntary Award for Service, the highest accolade available for volunteers. Well deserved!

We continue to rely heavily on our local community, both personal and business, for their generosity, with donations in the form of food and cash holding up well during the year. These donations are vital to allow us to deliver the services we deliver across the Stirling area, so another big Thank You is due to our supportive community.

During the year we have continued to work in tandem with a variety of local agencies in an atmosphere of mutual support. This has included working with the likes of Citizens Advice on the TRI initiative in rural areas, NHS Forth Valley, Forth Valley College and others on the GROW initiative and Stirling Council on Starter Packs for new tenants in social rented housing. Hopefully, between us, these agencies working together can provide outcomes that are greater than the sum of their parts!

We are aware of the ongoing challenges that face the less well off in our local community as the reporting year has come to an end, with the impact of inflation and energy prices in particular. Start Up Stirling will continue to do what it can, with the support of our community, to address poverty, and food poverty in particular, throughout 2022/23 and beyond.

Bob Gil
Convenor

ABOUT US - AIMS & OBJECTIVES

The organisation's purposes are:

The relief of poverty; the prevention or relief of suffering and distress caused by poverty through the compassionate provision of food and other practical support and services required by the communities we serve in the Stirling Council area, working in partnership with other regional agencies while maintaining the dignity of our beneficiaries.

OUR SERVICES – WHAT WE DO AND HOW IT HELPS THOSE IN HARDSHIP

Start Up Stirling provides a portfolio of key services to individuals and families experiencing hardship in the Stirling area. The organisation has been operating in the area since 1994, when a group of local churches came together to collect goods to provide to young people who had been homeless and were entering their first home of their own. Our assistance to local people has developed from that time in response to the feedback we receive from those accessing our services and the changing needs in society. In the recent past we have provided three main services, Home Starter Packs, Crisis Food Banks and “Beyond the Food Bank” Support Services. All of these in different ways have assisted in alleviating the effects of deprivation. All of these services were profoundly affected by the pandemic and while Food Bank and Home Starter Pack Services have been restored in full we are still in the process of restoring our support services.

Crisis Food Banks

The first Start Up Stirling foodbank was opened in 2012, with recognition at that time of the extent of local food poverty. At the beginning of 2020 we were operating two foodbanks, in different town centre locations, as well as a mobile delivery service for those unable to access the food banks. From mid-March 2020, the social distancing provisions related to the Covid-19 Pandemic made that previous model unsustainable and we shifted to a full home delivery service. During 2021/22, we have had to switch between two different modes of service delivery (Foodbank/Home Delivery), often at very short notice, as Scotland has moved into and out of lockdown and as Covid has hit both staff and volunteers. In early January 2022 we were forced to revert briefly to 100% home delivery, but had returned to more normal levels of around 50-60% home delivery by the end of March.

"... I have just put away all the beautiful food that I received today from you. I cannot tell you how much this means to me. I really do greatly appreciate it, I look forward to having a good meal thank you so much I look forward to my next box"

By the end of the year we had largely returned to our Pre-Covid service at foodbanks. We have introduced a “Shopping List” Service for our clients which helps us to avoid providing foodstuffs that our clients don’t want and won’t use and we continue to provide as much fresh food as we can, both fruit and vegetables. At Christmas, through our ongoing relationship with Forth Valley College, we have also been able to provide pre-cooked frozen meals for our clients prepared by the college and its students as part of their course activities. In addition, donated Christmas presents were passed on to our clients both adult and children.

We have also been working closely with Citizens Advice Bureau (CAB) who provide a staff presence at our foodbanks and have actively increased this resource in a response to demand for advice on fuel poverty, and we have provided additional support to clients in the form of school bags and summer activity bags and a limited quantity of school uniforms.

During most of the year referrals closely matched those of the previous year, with the exception of the period immediately after the first lockdown in March 2021. However, in early 2022 we have started to see a significant year on year increase in food bank referrals when compared to the same period for the previous year. There is an obvious concern that this is linked to the impact of inflation and fuel cost increases on Stirling residents and we will be monitoring this closely over the rest of the year.

Starter Packs

Starter Packs have been provided to people commencing new tenancies, following homelessness, or a crisis or significant change to their personal situation. A Standard Starter Pack includes crockery and cutlery, pots and pans, cooking utensils, towels, and cleaning products, plus basic kitchen cupboard items, such as tea, coffee, sugar, salt and pepper. Supplementary assistance packs are also available and are provided in response to the results of a client needs assessment. We have also provided Emergency Packs to people who are homeless or in temporary accommodation.

“It was very useful as I had barely anything. I didn’t have to worry about how I was possibly going to afford anything but I got everything I needed and this really eased my anxieties”.

The impact of the pandemic limited the amount of social rehousing in 2021, and helped reduce the demand for Starter & Welcome packs, although the demand for emergency packs grew. However, demand for Packs has increased significantly and gone past pre-pandemic levels with additional demand continuing into 2022/23. This Service continues to be supported with some funding from Stirling Council.



Beyond The Foodbank TRI

Since January 2017 Start Up Stirling had operated a 'Beyond the Food Bank' support service to some of our more vulnerable clients. Over a sandwich lunch this aimed to provide the time, place and space for people to explore how to improve their individual situation. However, of equal benefit to many was the peer support and social contact the group also provided, helping to reduce their social isolation. Though much appreciated by the clients this service was costly in staff and volunteer time and had difficulty in demonstrating any objective effectiveness.

In October 2019, Start Up Stirling, in collaboration with CAB-Stirling, were successful in a funding application to the Scottish Government to deliver a new service, 'Tackling Rural Isolation' (TRI), predominantly in the rural North & West areas of Stirling District. It was intended that Start Up Stirling would provide crisis food support and the practical and emotional element of the Client Support Service; CAB would provide support and advice on fuel/energy and finance. Transition funding was obtained to move the Client Support Service operation into the new Tackling Rural Isolation service from April 2020 onwards.

The development of this Service has proved particularly problematical because of the impact of Covid, requiring as it does a largely face-to-face service delivery model. The regular changes in lockdown rules and requirements have been frustrating and the resulting delays in service development have led to significant staff turnover, with the most recent post holder departing in May 2022. However, as at the time of writing we are hoping that we are now staffed up and free from further lockdown and should be able to develop this service accordingly, in partnership with CAB, during 2022/23.

" My son aged 10 has autism and when we went to Safari park he actually went on the tea-cup ride himself! He has never done that before and he loved it! Thanks again for giving us the tickets and supplying transport to go as we had a fab day"

GROW Project

During 2021/22, and in conjunction with partners Stirling Community Enterprise, NHS Forth Valley, Forth Valley College and Forth Environment Link, we have established the GROW project. Initially based at Kildean in Raploch the project aims to support the local community in planting, growing, harvesting cooking and eating home grown food. Having secured some initial funding, the scheme is very much in its infancy and Start Up will continue to monitor its progress and consider how any food produced can be best used to assist those in need.

Stirling Food Partnership

In early 2022 the Charity joined the Stirling Food Partnership, an organisation aimed at bringing together a variety of local agencies involved in making best use of food in the Stirling area. Our General Manager Andy Ireland, now regularly attends meeting of the group and will be providing input and feedback over the coming months. Our aim is to identify any possible gap in the provision of food support for those in need and also to avoid any duplication of services with other agencies.

Warehouse

The pandemic caused the charity to significantly change our working practices to facilitate social distancing and different models of service delivery. They were expertly managed by our Warehouse and Facilities Manager Gerry McPeake and his superb team of volunteers as the food delivery model changed repeatedly throughout the year, often at short notice.

After the short term use of the Albert Halls and Hillpark Centre in Bannockburn during 2020 and early 2021 all of our stock is now back at our Springkerse base, the only extra storage facility being 2 containers used for holding long dated stock. During the year we have also used some of our funding to increase our freezer capacity to allow us to buy and store more fresh food and for longer storage of meat and other produce suitable for chilling and freezing.



Staffing

In the course of the reporting year there have again been a number of changes in the staffing team. In April, our Client Services Manager, Andy Ireland, was appointed as acting General Manager following the resignation of Gillian Hughes from the post. This appointment was made permanent in July 2021. Following the departure of Susan Young at the beginning of the reporting year, a vacancy at Client Support Worker was filled by Pauline Henderson in the autumn. A second fundraiser post was also approved to support the work previously done by Julie Christie and Morag Dorrian was appointed in early 2022. Unfortunately, since the end of the reporting year both Pauline and Morag have left us, and the fundraising post currently remains unfilled, with Gail MacDonald recently having taken on the Client Support Worker role.

Volunteering

2020/21 was a disruptive year for volunteers with many being “furloughed” due to Covid, but with many new volunteers coming on board at the same time. During 2021/22 the volunteers have remained the life-blood of the charity, helping to run the foodbanks, food delivery and the warehouse as well as supporting with administration and guidance initiatives including assisting our volunteer co-ordinator Tricia to pull together a comprehensive Volunteer Pack. Volunteers have taken on extra responsibilities as Covid has continued to impact on staff and volunteer availability over the year, often doing extra (or different) tasks at short notice and coming in to substitute for regulars who are absent as a result of the pandemic.

During the year we were nominated for the Queens Award for Voluntary Service (QAVS).

An initial application process was completed and this was followed by an interview with the Lord Lieutenant and his deputies followed by a comprehensive visit to the warehouse to see first-hand what our volunteers do. In early June 2022, we were awarded the QAVS– the highest national award for a voluntary organisation. It has been extremely pleasing for all involved with the Charity to see the endeavours of our wonderful volunteers recognised in this way.

Food Donations

In the confusion of the early phase of the pandemic, food donations fell away to an extent, but recovered as donors established their new household purchasing behaviours. Meanwhile we are very grateful to the supermarkets who despite their own many problems maintained or even extended our donation stations and gave us access to short-dated food. We are grateful to the Stirling Council Criminal Justice Team who increased the time they gave us and took on all the collection from supermarkets. We are as ever grateful to the many who donate to us when they shop for themselves.

Besides donated food we continue to make purchases to ensure a supply of fresh food and to fill shortfalls in particular items. We also subscribe to Fareshare who distribute surplus food to us and other similar charities.

Fundraising and Community Engagement

Fundraising events and in person collection had been largely in abeyance since the start of the pandemic. Community donation had been routed online and an active campaign on social media maintained. Thanks are due to our loyal supporters who multiply the effectiveness of such campaigns by liking and sharing our posts. Through all this the generosity of the public, local businesses, grant-giving bodies and government agencies has been immense. We are humbled to realise the extent to which we are trusted by them to channel their resources where they are needed.

During 2021/22 we did manage to reintroduce more fundraising activities. These include:

- The Get Set for Summer and School campaign in the Summer of 2021
- Communities Beyond Covid in the Autumn
- Nobody Forgotten this Christmas Appeal in December
- The Virtual Kiltwalk in April 2021
- Footsteps for your Foodbank in February 2022

We are also grateful for the support of the major funders including HSBC, Nationwide, Robertson Trust, Bank of Scotland, the Scottish Government & Stirling Council for their continued support.

SUMMARY SERVICE PERFORMANCE INFORMATION

CRISIS FOOD BANK

People Supported and Food Issued

	2019/20	2020/21	% Change	2021/22	% Change
Meals*	100,212	137,868	38%	121,188	-12%
Food Packs	4,261	5,876	38%	5,225	-11%
Referrals	1,342	1,690	26%	1,711	1%
Adults	1,627	2,075	28%	2,146	3%
Children	896	1,049	17%	1,139	9%
Total	2,523	3,124	24%	3,285	5%

*The formula used to calculate meals is as follows:

Individuals supported X weeks supported X meals per days (3) X how many days' food is supplied (4)

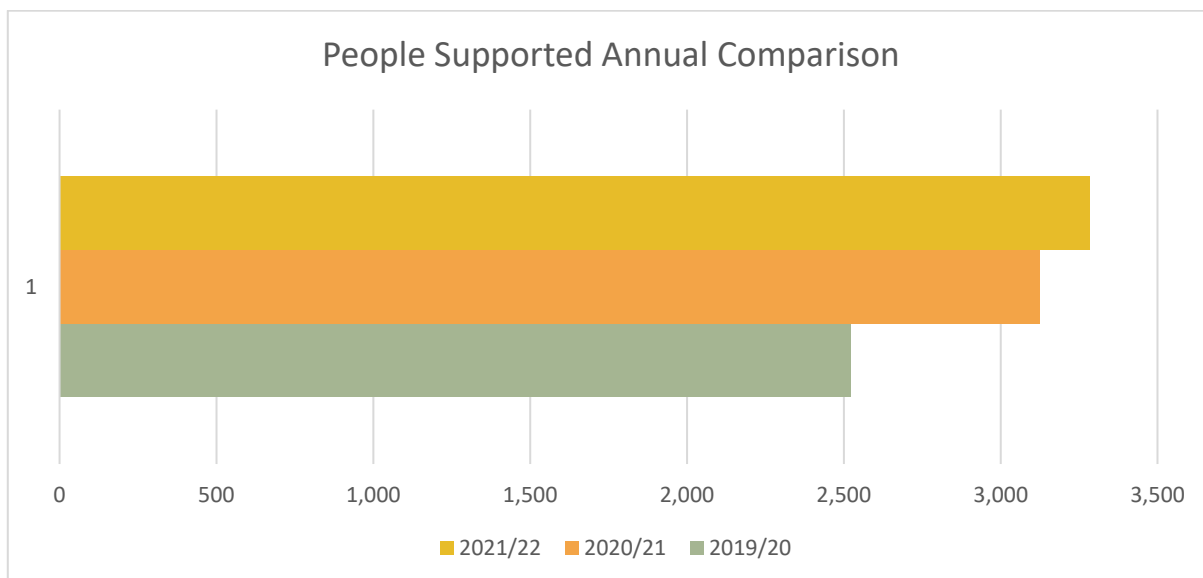
Example, a single client who is supported for one week = 12 meals.

Household Size

Household Size	2020/21	2021/22	Increase
Single Adult	991	935	-6%
2+ Adults No Children	147	183	24%
Single Adult 1/2 Children	251	271	8%
Single Adult 3 or more Children	83	92	11%
Adults 1/2 Children	186	195	5%
Adults 3 or more Children	32	35	9%

PATTERN OF ACTIVITY

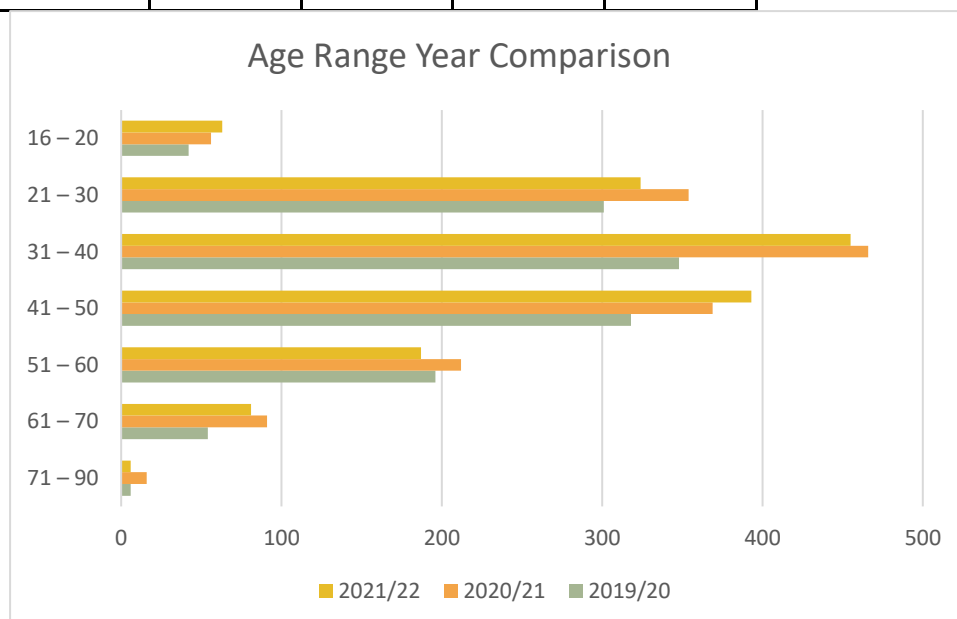
The effect of Covid-19 Lockdowns on Crisis Foodbank referrals is shown by the radically different pattern shown in 2020/21 & 2021/22 compared to previous years.



Age Range of Clients*

Age	2019/20	2020/21	Change	2021/22	Change
16 – 20	42	56	33%	63	13%
21 – 30	301	354	18%	324	-8%
31 – 40	348	466	34%	455	-2%
41 – 50	318	369	16%	393	7%
51 – 60	196	212	8%	187	-12%
61 – 70	54	91	69%	81	-11%
71 – 90	6	16	167%	6	-63%
None Given	77	126	64%	202	60%

Information is incomplete as Date of Birth information is only collected on referral for the lead adult.



Referrals by Location

With slight variations our main areas of support remain Stirling, Raploch, St Ninians, Bannockburn, Cornton & the Eastern Villages.

In rural areas we are seeing an increase especially in Doune, Bridge of Allan, Killin & Callander this can in part be attributed by our support workers reaching out in rural communities.

Location	2019/20	%	2020/21	%	2021/22	%
Aberfoyle	10	0.7%	9	0.5%	13	0.8%
Balfron	20	1.5%	7	0.4%	16	0.9%
Bannockburn	158	11.8%	144	8.5%	135	8.0%
Blanefield		0.0%	1	0.1%	1	0.1%
Braehead		0.0%	22	1.3%	29	1.7%
Bridge of Allan	8	0.6%	12	0.7%	22	1.3%
Broomridge		0.0%	19	1.1%	16	0.9%
Buchlyvie	6	0.4%	17	1.0%	13	0.8%
Callander	40	3.0%	50	3.0%	73	4.3%
Cambusbarron	19	1.4%	24	1.4%	10	0.6%
Cambuskenneth		0.0%	2	0.1%	1	0.1%
Causeway Head	5	0.4%	19	1.1%	6	0.4%
Cornton	80	6.0%	94	5.6%	83	4.9%
Cowie	48	3.6%	95	5.6%	63	3.7%
Crianlarich	2	0.1%	2	0.1%	3	0.2%
Croftamie	1	0.1%	1	0.1%	2	0.1%
Deanston		0.0%	2	0.1%	8	0.5%
Doune	9	0.7%	13	0.8%	25	1.5%
Drymen	7	0.5%	4	0.2%	3	0.2%
Dunblane	44	3.3%	33	2.0%	23	1.4%
Fallin	49	3.7%	71	4.2%	99	5.9%
Gargunnock	8	0.6%	10	0.6%	10	0.6%
Gartmore		0.0%	1	0.1%		0.0%
Killearn	1	0.1%	4	0.2%	5	0.3%
Killin	4	0.3%	6	0.4%	11	0.7%
Kippen	21	1.6%	16	0.9%	6	0.4%
Lochearnhead	3	0.2%	2	0.1%		0.0%
Old Plean		0.0%	3	0.2%	11	0.7%
Plean	66	4.9%	68	4.0%	61	3.6%
Port of Menteith		0.0%	1	0.1%	1	0.1%
Raploch	164	12.2%	181	10.7%	243	14.4%
Riverside	1	0.1%	13	0.8%	9	0.5%
St Ninians	76	5.7%	246	14.6%	237	14.0%
Stirling	435	32.4%	437	25.9%	441	26.1%
Strathblane	2	0.1%	5	0.3%	3	0.2%
Strathyre	1	0.1%	1	0.1%		0.0%
Thornhill	4	0.3%	2	0.1%	4	0.2%
Tyndrum	1	0.1%	2	0.1%	1	0.1%
Whins of Milton		0.0%	51	3.0%	24	1.4%

Referral Source

Stirling Council and Stirling Citizens Advice Bureau remain our 2 main referrers

Referrer	2019/20	2020/21	% Change	2021/22	% Change
Charity Partner	684	778	14%	780	0%
Action In Mind	0	2	-	5	150%
Barnardos	10	11	10%	1	-91%
BEMIS	1	1	0%	0	-100%
Change Grow Live	0	17	-	9	-47%
Citizens Advice	354	376	6%	380	1%
Other Councils	0	1	-	1	0%
Cornton Action Partnership	0	0	-	1	-
Council on Disability	13	8	-38%	9	13%
Homestart	27	17	-37%	12	-29%
Salvation Army	68	33	-51%	21	-36%
Scottish Welfare Fund	118	128	8%	119	-7%
Shakti Women's Aid	0	3	-	0	-100%
St Marks Church	0	15	-	11	-27%
Start Up	21	121	476%	149	23%
Stirling Baptist Church	8	3	-63%	5	67%
Stirling Carers Centre	1	0	-100%	1	-
Stirling Women's Aid	63	42	-33%	56	33%
Public Sector	658	912	39%	931	2%
Education	44	45	2%	41	-9%
Forth Housing	35	34	-3%	40	18%
NHS	55	70	27%	81	16%
Rural Housing	21	15	-29%	11	-27%
Stirling Council	503	748	49%	758	1%
Grand Total	1342	1690	26%	1711	1%

Food Donations

For the second year in a row we have seen a drop in donations. As we go from pandemic provisions to cost of living concerns these drops may continue.

Throughout this year however we began to see a massive increase in groups donating especially churches. as they began to hold events once again.

DONATION SOURCE	2019/20 kg	2020/21 kg	2021/22 kg	Last year % Change
Supermarkets	32,790	51,057	44,220	-13%
Churches	13,936	1,824	5,009	175%
Schools	6,787	2,110	3,106	47%
Businesses	5,577	2,628	3,299	26%
Individual Giving	4,839	3,228	2,977	-8%
Groups/Associations	3,191	1,270	1,320	4%
Public Sector	4,414	608	656	8%
TOTAL	71,553	62,726	60,587	-3%

To help match the demand throughout the year we continue to purchase large amounts of food every week to ensure none of our food packs are missing any of our core items.

HOME STARTER PACKS.

Summary data of packs and support items issued:

	2018/19	2019/20	Change	2020/21	Change	2021/22	Change
Starter Packs	156	159	2%	92	-42%	219	138%
Kettle	105	120	14%	85	-29%	199	134%
S-Duvet	147	121	-18%	67	-45%	171	155%
D-Duvet	105	123	17%	99	-20%	221	123%
Pillows	357	367	3%	265	-28%	613	131%
Toaster	74	11	-85%	12	9%	166	1283%
Microwave	27	10	-63%	5	-50%	16	220%
Emergency	278	284	2%	373	31%	465	25%
Welcome	158	230	46%	95	-59%	154	62%
Hygiene-M	268	360	34%	142	-61%	236	66%
Hygiene-F	155	292	88%	205	-30%	360	76%

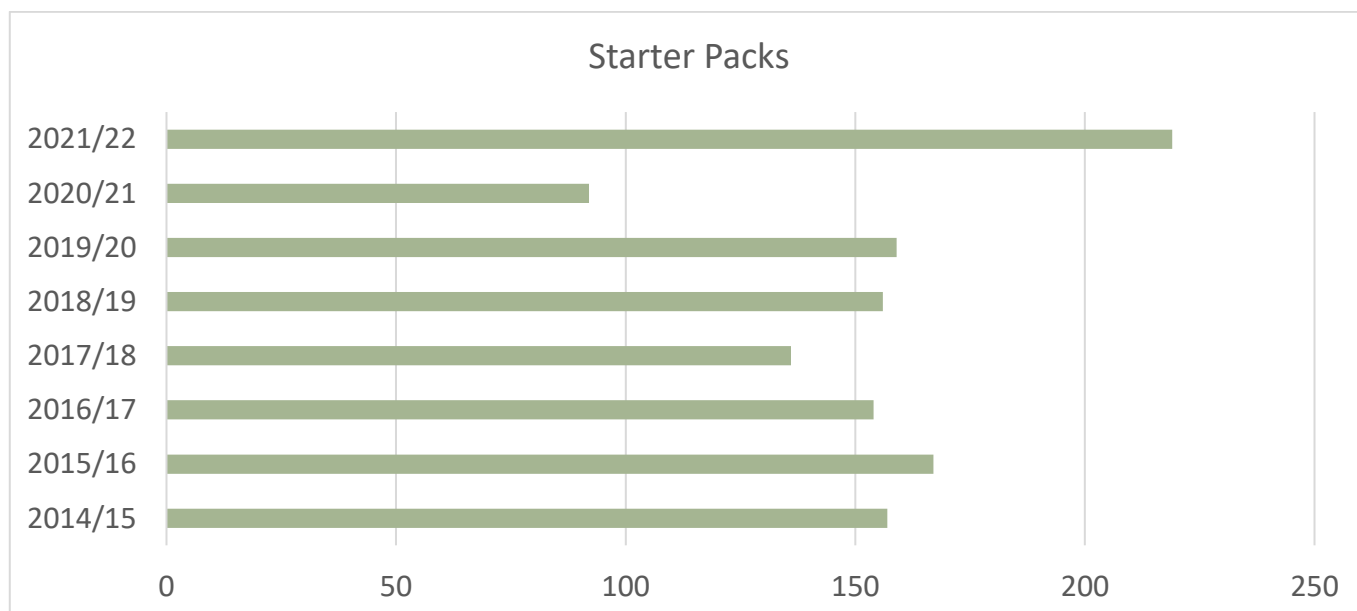
As our partners in Stirling Council's Housing and Homeless teams returned to full capacity we saw a massive increase in Home Starter Packs being distributed.

We also saw significant increase in Emergency Food packs, Welcome packs and Hygiene packs.

Emergency food packs are 1 day survival packs issued to those who are homeless.

Welcome Packs are short term food packs issued to those entering temporary accommodation.

Hygiene packs are issued via the Homeless teams and the Salvation Army to those in need in Stirling.



Prior to lockdown we would average 154 Starter packs a year.

If we take the last 2 years as an average it is consistent with previous years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Start Up Stirling was incorporated as a Scottish Charitable Incorporated Organisation (SCIO) on 6th March 2014. All historical charitable activities undertaken in the name of Start Up Stirling were at this time subsumed into the new organisation. The charity's structure and governance operate in accordance with the arrangements set out in its governing document, namely the Start Up SCIO Constitution version 3. At its General Meeting in November 2021 the constitution was updated and modernised to clarify the charity objectives to remove some operational anomalies and to simplify the language, removing possible ambiguity.

The charity's activities are overseen by a Board of Trustees. This group is formed from the membership of the charity. All registered members are eligible to stand for and be elected to the Board. Trustee nomination and election normally takes place at the charity's annual general meeting. The Board of Trustees may at their discretion co-opt additional individual members onto the Board.

Management of the charity's operations is delegated to designated members of staff in accordance with a Board approved Scheme of Delegation. Staff are supported by volunteers in the delivery of the charity's various services. In certain areas the Board have at various times introduced functional working groups involving staff, volunteers and trustees. The working group approach is used primarily in the areas of warehousing and logistics, fundraising and administrative support.

In this year when meetings in person of groups from multiple households has continued to be difficult, the Board have met using teleconference facilities. The AGM in November was held in person with the option to dial in remotely.

The management of risk is an important responsibility of the Board of Trustees and policies and procedures have been established in key areas of potential risk. A regular process of policy review has now been started to ensure that policies all remain appropriate and conform to relevant legislation and guidance. In addition, the charity maintains PVG accreditation for key staff and volunteers involved in client related activities or when serving as trustees.

RESERVES & RESERVES POLICY

Reserves are held to ensure that Start Up Stirling can continue to deliver services to the charity's beneficiaries. The charity delivers a range of services and carries out a number of projects that involve the employment of staff and also certain longer-term contractual commitments, specifically premises rental for the charity's main warehouse operating unit.

The Board of Trustees have examined the requirement for unrestricted reserves and determined a policy of holding reserves equivalent to the lesser of; three months staff costs plus the balance of contractually committed rent on the warehouse operating unit, or three months total operating costs.

The total reserves of the charity at 31st March 2022 were as follows:



	2020/21	2021/22	Required Reserves
Restricted Funds	120,129	124,965	n/a
Unrestricted Funds	218,799	365,717	n/a
TOTAL	338,928	490,682	n/a

Refer to Note 11 for a movement analysis of reserves.

The Trustees note that at 31 March 2022 the unrestricted funds of £365,717 were in excess of the required reserves under the Reserves policy. The Trustees remain cautious as to the level of reserves required for the charity, as the UK enters into a further period of change and as we complete the emergence from the COVID pandemic. The Trustees are aware that reliance on foodbanks may rise in the next 2 years due to the impact of inflation on domestic household budgets.

In the coming year the Trustees will look at setting aside an element of the unrestricted funds in designated funds. Designated funds are those unrestricted funds that have been allocated at the Trustees' discretion for particular purposes. They can be unallocated subsequently should circumstances change. The Trustees will review their tangible asset requirements and an appropriate level of designated funds necessary for the ongoing requirements of the charity in the coming year.

Approved by the trustees on 17th November 2022

Signature		Signature	
Name	Bob Gil	Name	Mark Aspinwall
Role	Convenor	Role	Treasurer

WHERE OUR INCOME COMES FROM

Community donations – a wide variety of individuals and groups make regular and one-off donations to the charity via our website, using online payment services offered by the likes of Facebook. A significant proportion of the monies received come from local churches and faith bodies, community groups and schools. During the year we benefited from £140,132 in donations (2020/21: £245,440). We have been overwhelmed by the level of donations from individuals, groups and businesses during this very difficult pandemic and these donations have ensured that the charity has been able to continue to deliver its vital services.

Grants and Statutory funding – we have a number of established relationships with public sector and other grant awarding bodies who provide financial support to a number of specific aspects of the charity's operations. During 2021/22 the charity received income of £275,174 in relation to grants and statutory funding (2020/21: £202,307). We are extremely grateful for the support that we have received this year as it has allowed us to continue to adapt our approach to service delivery whilst complying with social distancing restrictions.

The details of the grant and statutory income received, and the associated level of expenditure is shown in Notes 3 and 4 of the Annual Accounts.

HOW WE SPEND THE MONEY

Home Starter Packs –this service involves the purchasing of various household items, bedding and packaging. A dedicated team of volunteers working out of our warehouse unit undertake the sorting and packaging of the support packs which are distributed to clients with the assistance of Stirling Council Homelessness Partnership.

Crisis Food Bank – our main gateway service is coordinated by Support Worker members of staff who liaise with referral organisations to organise a series of face to face food bank sessions in the Stirling area. These sessions are run by members of our volunteer supporter team. In addition to staffing costs, we incur expenditure on premises rental and related services, vehicle purchase and running costs, purchasing fresh produce, meat and dairy food items. In the year to 31 March 2022 we continued to adapt our normal service deliver whenever we were unable to run food bank sessions due to Covid. We receive, sort and store donated food and other items in our warehouse unit that is overseen by our Warehouse & Facilities Manager.

Crisis Food Home Delivery – our services are available across the entire Stirling Council catchment area. We operate our own transport in the form of two vans that are driven by a team of volunteer drivers who deliver food and other goods to clients who are unable to attend our face to face food banks. The vehicles are also used to collect food donations from local supermarkets and pick-up community food donations from across the area.

Beyond the Food Bank – this additional support service is organised by Support Worker members of staff who liaise with individual clients. These sessions are run by members of our volunteer support team. In addition to staffing costs, we incur expenditure on the rental of external facilities and catering for community meals and other similar events. These sessions were curtailed due to the COVID-19 pandemic, but will be reintroduced in 2022/23.

General management, Fundraising, Volunteer Coordination and Other Support – a key part of sustaining the charities activities is our engagement with donors and supporters, including a group of around one-hundred and ten local volunteers. We employ a General Manager, 2 Fundraising Managers and a Volunteer & Training Coordinator on a part-time basis to coordinate a variety of initiatives aimed at maintaining and developing the flow of funds, food and other donations to the charity. We also employ an Office Administrator to support the operations of the charity, a Warehouse Facilities Manager and 2 Support Workers.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF START UP STIRLING

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 23 to 40.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Ian Bilisland

Signature:



Relevant Professional qualification: FCCA

Address: Drummond Laurie
Unit 5 Gateway Business Park
Beancross Road
Grangemouth
FK3 8WX

Date: 15th December 2022

START UP STIRLING
STATEMENT OF FINANCIAL ACTIVITIES
INCORPORATING INCOME & EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31st MARCH 2022



	Unrestricted funds £	Restricted funds £	2021/22 Total £	2020/21 Total £
Income from				
Donations	140,132	-	140,132	245,440
Grants & Statutory	79,060	196,114	275,174	202,307
Fundraising	32,433	-	32,433	51,518
Gain on disposal of fixed assets	23,297	-	23,297	-
Total	274,922	196,114	471,036	499,265
Expenditure on				
Staff & Staff Related	80,356	67,758	148,114	153,199
Rent & Premises Related	28,298	14,510	42,808	39,033
Food Purchases	-	45,865	45,865	32,442
Fundraising Supplies	426	216	642	3,117
Starter Pack Purchases	512	25,117	25,629	9,232
Family support services	33	11,222	11,255	
Depreciation	14,800	-	14,800	8,464
Office Supplies & Services	2,490	10,311	12,801	4,305
Miscellaneous	-	350	350	8,317
Insurance	1,105	3,627	4,732	3,687
Professional Fees	4,888	-	4,888	2,400
Transport	2,870	4,528	7,398	11,061
Total	135,778	183,504	319,282	275,255
Net income				
Net income	139,144	12,610	151,754	224,010
Transfers	7,774	(7,774)	-	-
Movements in funds	146,918	4,836	151,754	224,010
Total funds brought forward	218,799	120,129	338,928	114,918
Total funds carried forward	365,717	124,965	490,682	338,928

None of the charity's activities were discontinued during the above financial years. There were no recognised gains or losses from the disposal of assets in the previous financial year.

**START UP STIRLING
STATEMENT OF FINANCIAL POSITION
INCORPORATING BALANCE SHEET
AS AT 31st MARCH 2022**

	Notes	2021/22	2020/21
		£	£
Fixed assets			
Tangible assets	7	59,743	14,224
Current assets			
Prepayments	8	4,288	4,414
Cash		426,651	377,372
		430,939	381,786
Current liabilities			
Deferred income	10	-	56,147
Creditors	9	-	935
		-	57,082
Net current assets		430,939	324,704
Net assets		490,682	338,928
Funds			
Restricted funds	11	124,965	120,129
Unrestricted funds			
General funds	11	274,717	218,799
Designated funds		91,000	-
Total unrestricted funds	11	365,717	218,799
Total funds		490,682	338,928

Approved by the trustees on 17th November 2022

Signature		Signature	
Name	Bob Gil	Name	Mark Aspinwall
Role	Convenor	Role	Treasurer

START UP STIRLING
STATEMENT OF CASH FLOWS
AS AT 31st MARCH 2022

	2021/22	2020/21
	£	£
Operating activities		
Cash flow from Operations	151,754	224,010
Adjusted for:		
Depreciation	14,800	8,464
Gain on disposal of fixed assets	(23,297)	-
Movement in Debtors	126	(3,086)
Movement in Creditors	(57,082)	39,449
Cash generated from Operations	86,301	268,837
Investing activities		
Payments to acquire fixed assets	(55,819)	(13,722)
Proceeds from disposal of fixed assets	18,797	-
Cash used in investing activities	(37,022)	(13,722)
Net cash generated		
Cash generated from Operations	86,301	268,837
Cash used in investing activities	(37,022)	(13,722)
Net cash generated	49,279	255,115
Cash and cash equivalents at 1 April	377,372	122,257
Cash and cash equivalents at 30 March	426,651	377,372

**START UP STIRLING
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2022**

NOTE 1 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Preparation

The financial statements have been prepared under the historic cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effect from 1st January 2015. The Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102), the Companies Act (2006), the Charities and Trustees Investment (Scotland) Act (2005) and the Charities Accounts (Scotland) Regulations (2006) as amended.

Going Concern

The Board of Trustees are of the opinion that the charity can continue to meet its obligations as they fall due for the foreseeable future and have therefore prepared the financial statements on a going concern basis.

Based on the annual budget approved by the Trustees for the year to 31 March 2023 the charity has sufficient cash held at the bank to cover a full year's worth of expenditure from the date that this annual report was approved by the Trustees. As a direct result of this the Trustees will continue to meet its obligations as they fall due for the foreseeable future.

Deferred income

Income received from a third party is deferred and carried on the balance sheet as a liability where the entitlement for use is not met. Refer to Note 10 for details of deferred income.

Expenditure

All expenditure is accounted for on an accrual basis and is recognised in the period in which it is incurred. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services in pursuit of its charitable purposes. Reported expenditure includes costs attributed to such charitable activities and also costs of an indirect nature necessary to support the delivery of these services.

Fund accounting

Funds held by the charity are either in an unrestricted general fund that is used in pursuit of the organisation's overall charitable purposes, or in a restricted fund. Restrictions applied to the use of funds may be stipulated by donors at the point that monies are made available to the charity. The charity's Board of Trustees may at their discretion decide to set aside funds for a specific charitable purpose and thereby designate restrictions on the use of funds.

General reserves are unrestricted funds that are available for use at the Trustees' discretion for the furtherance of the charity's objectives. Designated funds are funds set aside at the discretion of the Board for specific purposes which would otherwise form part of unrestricted funds.

The Designated Reserve reflects unrestricted funds earmarked for the replacement of tangible fixed assets at the end of their useful lives and required for the effective continuation of the charity's activities.

The General Reserve reflects the balance of unrestricted and undesignated funds of the charity.

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31st MARCH 2022

Fixed assets

Tangible fixed assets are measured at historic cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided on all tangible fixed assets and charged to the Income & Expenditure account on a straight-line basis. Refer to Note 7 for details of the charities tangible fixed assets and related depreciation charges.

Cash and cash equivalents

Cash and cash equivalents include cash at bank and in hand. In the Statement of Cash Flows, cash and cash equivalents are shown net of any bank overdrafts, where applicable. Bank overdrafts are reported as borrowing liabilities on the Statement of Financial Position.

Debtors and prepayments

The organisation is a registered charity and does not carry out any trading activities. Consequently, reported debtors and prepayments relate to the proportion of any goods or services paid for by the charity where an element remains to be consumed in a future period.

Creditors

Short-term creditors are measured at transaction price, normally the invoice price. Reported creditors include employer social security and tax liabilities. Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and consequently measured at amortised cost determined using the effective interest method.

Taxation

The organisation is a registered charity and does not carry out any trading or other taxable activities. Consequently, no provision is made for Corporation Tax. Other taxes, including VAT, are recognised as an expense in the period to which they relate. The charity claims Gift Aid tax relief on eligible donations in accordance with applicable HMRC regulations.

Pensions

Employer pension contributions to a NEST money purchase plan are reported as operating costs and recognised as an expense in the period to which they relate.

NOTE 2 – CRITICAL ACCOUNTING JUDGEMENTS

Estimates and judgements in relation to the charity's financial position form part of a continual and ongoing process of financial management. Where accounting judgements are made these are based on historical experience and other relevant factors, including expectations of future events that are believed to be reasonable under the circumstances.

START UP STIRLING
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2022
START UP STIRLING

NOTE 3 – GRANT & STATUTORY INCOME

	Unrestricted funds	Restricted funds	2021/22 Total	2020/21 Total
	£	£	£	£
Bank of Scotland Foundation		24,948	24,948	19,650
Foundation Scotland	-	5,000	5,000	34,883
Nationwide	-	50,047	50,047	-
Robertson Trust	-	7,500	7,500	6,750
Scottish Government	19,762	-	19,762	39,646
Stirling Council	58,548	-	58,548	55,554
SVE	750	-	750	2,000
NISA	-	4,100	4,100	-
Scottish Communities Fund	-	2,000	2,000	-
Stirling Council Homeless Grant	-	9,000	9,000	-
Stirling Council Fresh Food	-	10,000	10,000	-
Mary's Memorial Fund	-	-	-	540
Volunteering Support Fund	-	500	500	-
Murdoch Forrest	-	5,000	5,000	-
Scottish Power	-	15,000	15,000	-
Lottery Communities Fund	-	10,000	10,000	-
HSBC	-	15,505	15,505	-
Stirling Council - Good Food For All Fund	-	9,548	9,548	-
Stirling Council -Awards for All, Together For Our Planet	-	10,000	10,000	-
Arnold Clark Communities Fund	-	1,000	1,000	-
Persimmon Homes Community Champions initiative	-	1,000	1,000	-
Arnold Clark Community Fund Winter Edition	-	2,500	2,500	-
Neighbourly - Sainsbury's Helping Everyone Eat Better Community Fund	-	500	500	400
Arnold Clark Change for Charity	-	720	720	-
Stirling Council Activities Fund	-	11,546	11,546	-
Stirling Albion Football Club	-	300	300	-
Forth Valley NHS Food Activity Grant	-	400	400	-
Corra Foundation	-	-	-	2,000
Yorkshire Building Society	-	-	-	2,000
Stirling and Bridge of Allan Round Table	-	-	-	2,000
Waitrose Community Fund	-	-	-	1,000
Gordon Fraser Charitable Trust	-	-	-	2,000
Tesco / Groundwork UK	-	-	-	500
Sons of the Rock	-	-	-	825
Clackmannanshire Council	-	-	-	500
Kiltwalk	-	-	-	400
Scotmid Community Grant	-	-	-	250
Aviva	-	-	-	599
Martin Lewis Covid fund	-	-	-	20,000
Voluntary Action	-	-	-	5,000
Woodward Trust	-	-	-	400
Arco	-	-	-	500
Stafford Trust	-	-	-	4,910
Total	79,060	196,114	275,174	202,307

START UP STIRLING

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 4 – ANALYSIS OF EXPENDITURE ATTRIBUTED TO GRANTS & STATUTORY INCOME

	Unrestricted funds	Restricted funds	2021/22 Total	2020/21 Total
	£	£	£	£
Arnold Clark Communities Fund	-	1,000	1,000	-
Arnold Clark Staff Fund	-	720	720	-
Arnold Clark Winter Fund	-	2,500	2,500	-
HSBC	-	3,139	3,139	-
Nationwide	-	25,788	25,788	-
Neighbourly - Sainsbury's Helping Everyone Eat	-	-	-	-
Better Community Fund	-	500	500	400
NISA	-	2,953	2,953	46
Persimmon Homes Community Champions initiative	-	1,000	1,000	-
Roberson Trust	-	6,750	6,750	6,750
Scottish Government	10,001	29,645	39,646	10,001
Stirling Council	-	36,264	36,264	17,371
Stirling Council Fresh Food	-	4,903	4,903	-
Stirling Council Good Food	-	559	559	-
Stirling Council Homeless	-	6,317	6,317	-
Scottish Communities Fund	-	605	605	-
Stafford Trust	-	4,864	4,864	-
Stirling Albion Football Club	-	300	300	-
Stirling Council Activities Fund	-	11,546	11,546	-
Volunteering Support Fund	-	500	500	-
Yorkshire Building Society	-	13	13	1,987
Sons of the Rock	-	325	325	500
Woodward Trust	-	400	400	250
Stirling Voluntary Enterprise	750	2,000	2,750	-
Stirling and Bridge of Allan Round Table	-	283	283	1,717
Gordon Fraser Charitable Trust	-	1,003	1,003	997
Tesco / Groundwork UK	-	(8)	(8)	833
Clackmannanshire Council	-	5	5	495
Aviva	-	190	190	149
Martin Lewis Covid fund	-	-	-	14,706
Bank of Scotland Foundation	-	23,053	23,053	4,913
Foundation Scotland	-	16,252	16,252	18,144
Mary's Memorial Fund	-	135	135	-
Arriva	-	-	-	2,000
Corra Foundation	-	-	-	1,000
Arco	-	-	-	500
Kiltwalk	-	-	-	400
Scotmid Community Grant	-	-	-	400
Volunteer action	-	-	-	5,000
Total	10,751	183,504	194,255	88,558

START UP STIRLING

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 5 – NET INCOME

Stated after charging	2021/22	2020/21
	£	£
Depreciation of owned assets	14,800	8,464
Operating lease rentals - land & buildings	33,600	31,500

NOTE 6 – STAFF COSTS

	2021/22	2020/21
	£	£
Staff salaries	111,094	118,665
Social security	24,629	24,651
Pensions	8,778	9,777
Training	3,613	106
Total	148,114	153,199

Average number of employees	6.8	7.1
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NOTE 7 – FIXED ASSETS

Cost	Motor vehicles	Plant and machinery	Total
	£	£	£
As at 1 April 2021	28,574	24,359	52,933
Additions	54,881	5,438	60,319
Disposals	(28,574)	-	(28,574)
As at 31 March 2022	54,881	29,797	84,678
Depreciation			
As at 1 April 2021	(28,574)	(10,135)	(38,709)
Charge for the year	(8,433)	(6,367)	(14,800)
Disposals	28,574	-	28,574
As at 31 March 2022	(8,433)	(16,502)	(24,935)
Net book value			
As at 31 March 2021	-	14,224	14,224
As at 31 March 2022	46,448	13,295	59,743

The gain on disposal of £23,297 arose on the disposal of one vehicle and the part exchange a second. Both vehicles had been full written down. The Statement of cash flows shows the cash flows that took place for these disposals with the part exchange value being netted off to show the cash flows rather than the notional proceeds and reduction in the purchase price received.

NOTE 8 – PREPAYMENTS

	2021/22	2020/21
	£	£
Insurance	2,180	2,306
Rent	2,108	2,108
Total	4,288	4,414

START UP STIRLING

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 9 – CREDITORS

	2021/22	2020/21
	£	£
Pension contributions	-	935
Total	-	935

NOTE 10 – DEFERRED INCOME

	2021/22	2021/22	2021/22	2021/22
	Opening position	Funds received	Released to income	Closing position
	£	£	£	£
Nationwide	50,047	-	(50,047)	-
NISA	4,100	-	(4,100)	-
Scottish Communities Fund	2,000	-	(2,000)	-
Total	56,147	-	(56,147)	-

	2020/21	2020/21	2020/21	2020/21
	Opening position	Funds received	Released to income	Closing position
	£	£	£	£
Robertson Trust	6,750	-	(6,750)	-
Foundation Scotland	5,000	-	(5,000)	-
Sons of the Rock	325	-	(325)	-
Woodward Trust	400	-	(400)	-
Nationwide	-	50,047	-	50,047
NISA	-	4,100	-	4,100
Scottish Communities Fund	-	2,000	-	2,000
Total	12,475	56,147	(12,475)	56,147

START UP STIRLING

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS

	2021/22 Opening position	2021/22 Incoming resources	2021/22 Outgoing resources	2021/22 Transfers	2021/22 Closing position
	£	£	£	£	£
Restricted funds	120,129	196,114	(183,505)	(7,774)	124,965
Unrestricted funds	218,799	274,922	(135,776)	7,774	365,717
Total	338,928	471,036	(319,281)	-	490,682

	2020/21 Opening position	2020/21 Incoming resources	2020/21 Outgoing resources	2020/21 Transfers	2020/21 Closing position
	£	£	£	£	£
Restricted funds	7,475	193,007	(79,258)	(1,094)	120,129
Unrestricted funds	107,443	306,259	(195,997)	1,094	218,799
Total	114,918	499,265	(275,255)	-	338,928

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31st MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

The detailed movement in funds is shown in the table below:

	Incoming resources to 31st March 2022	Resources expended to 31st March 2022	Movement in funds to 31st March 2022
	£	£	£
Unrestricted funds			
General fund	274,922	(135,778)	139,144
Restricted funds			
Robertson Trust	7,500	(6,750)	750
Sons of the Rock	-	(325)	(325)
Woodward Trust	-	(400)	(400)
Stirling Council	-	(36,264)	(36,264)
Scottish Government	-	(29,645)	(29,645)
SVE	-	(2,000)	(2,000)
Yorkshire Building Society	-	(13)	(13)
Stirling and Bridge of Allan Round Table	-	(283)	(283)
Gordon Fraser Charitable Trust	-	(1,003)	(1,003)
Tesco / Groundwork UK	-	8	8
Clackmannanshire Council	-	(5)	(5)
Scotmid Community Grant	-	-	-
Aviva	-	(190)	(190)
Martin Lewis Covid fund	-	-	-
Voluntary Action	-	-	-
Bank of Scotland Foundation	24,948	(23,053)	1,895
Foundation Scotland	5,000	(16,252)	(11,252)
Mary's Memorial Fund	-	(135)	(135)
Stafford Trust	-	(4,864)	(4,864)
Arnold Clark Communities Fund	1,000	(1,000)	-
Arnold Clark Change for Charity	720	(720)	-
Arnold Clark Community Fund Winter Edition	2,500	(2,500)	-
HSBC	15,505	(3,139)	12,366
Nationwide	50,047	(25,788)	24,259
Neighbourly - Sainsbury's Helping Everyone Eat Better Community Fund	500	(500)	-
NISA	4,100	(2,953)	1,147
Persimmon Homes Community Champions initiative	1,000	(1,000)	-
Stirling Council Fresh Food	10,000	(4,903)	5,097
Stirling Council Homeless Grant	9,000	(6,317)	2,683
Scottish Communities Fund	2,000	(605)	1,395
Stirling Albion Football Club	300	(300)	-
Stirling Council Activities Fund	11,546	(11,546)	-
Volunteering Support Fund	500	(500)	-
Stirling Council - Good Food For All Fund	9,548	(559)	8,989
Forth Valley NHS Food Activity Grant	400	-	400
Murdoch Forrest	5,000	-	5,000
Lottery Communities fund	10,000	-	10,000
Scottish Power	15,000	-	15,000
Stirling Council - Awards for All, Together For Our Planet	10,000	-	10,000
Total restricted funds	196,114	(183,504)	12,610
Total funds	471,036	(319,282)	151,754

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31st MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

Net movement in funds for the year to 31st March 2022, included in the above are as follows:

	At 1st April 2021	Net movement in funds	Transfer between funds	At 31st March 2022
	£	£	£	£
Unrestricted funds				
General fund	218,799	139,144	(83,226)	274,717
Designated funds	-	-	91,000	91,000
Total unrestricted funds	218,799	139,144	7,774	365,717
Restricted funds				
Robertson Trust	6,750	750	(4,717)	2,783
Sons of the Rock	325	(325)	-	-
Woodward Trust	400	(400)	-	-
Stirling Council	38,183	(36,264)	-	1,919
Scottish Government	29,645	(29,645)	-	-
SVE	2,000	(2,000)	-	-
Yorkshire Building Society	13	(13)	-	-
Stirling and Bridge of Allan Round Table	283	(283)	-	-
Gordon Fraser Charitable Trust	1,003	(1,003)	-	-
Tesco / Groundwork UK	(8)	8	-	-
Clackmannanshire Council	5	(5)	-	-
Scotmid Community Grant	-	-	-	-
Aviva	450	(190)	-	260
Martin Lewis Covid fund	4,772	-	(1,324)	3,448
Volunteer Action	-	-	-	-
Bank of Scotland Foundation	14,737	1,895	-	16,632
Foundation Scotland	16,167	(11,252)	(1,373)	3,542
Mary's Memorial Fund	540	(135)	-	405
Stafford Trust	4,864	(4,864)	-	-
Arnold Clark Communities Fund	-	-	-	-
Arnold Clark Change for Charity	-	-	-	-
Arnold Clark Community Fund Winter Edition	-	-	-	-
HSBC	-	12,366	(360)	12,006
Nationwide	-	24,259	-	24,259
Neighbourly - Sainsbury's Helping Everyone Eat Better Community	-	-	-	-
NISA	-	1,147	-	1,147
Persimmon Homes Community Champions initiative	-	-	-	-
Stirling Council Fresh Food	-	5,097	-	5,097
Stirling Council Homeless Grant	-	2,683	-	2,683
Scottish Communities Fund	-	1,395	-	1,395
Stirling Albion Football Club	-	-	-	-
Stirling Council Activities Fund	-	-	-	-
Volunteering Support Fund	-	-	-	-
Stirling Council - Good Food For All Fund	-	8,989	-	8,989
Forth Valley NHS Food Activity Grant	-	400	-	400
Murdoch Forrest	-	5,000	-	5,000
Lottery Communities fund	-	10,000	-	10,000
Scottish Power	-	15,000	-	15,000
Stirling Council - Awards for All, Together For Our Planet	-	10,000	-	10,000
Total restricted funds	120,129	12,610	(7,774)	124,965
Total funds	338,928	151,754	-	490,682

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

The detailed comparative movement in funds is shown in the table below:

	Incoming resources to 31st March 2021	Resources expended to 31st March 2021	Movement in funds to 31st March 2021
	£	£	£
Unrestricted funds			
General fund	306,259	(195,997)	110,262
Restricted funds			
Robertson Trust	6,750	(6,750)	-
Sons of the Rock	825	(825)	-
Woodward Trust	400	(400)	-
Stirling Council	55,554	(17,371)	38,183
Scottish Government	39,646	(10,001)	29,645
Corra Foundation	2,000	(2,000)	-
SVE	2,000	-	2,000
Yorkshire Building Society	2,000	(1,987)	13
Stirling and Bridge of Allan Round Table	2,000	(1,717)	283
Waitrose Community Fund	1,000	(1,000)	-
Gordon Fraser Charitable Trust	2,000	(997)	1,003
Tesco / Groundwork UK	500	(508)	(8)
Clackmannanshire Council	500	(495)	5
Scotmid Community Grant	250	(250)	-
Aviva	599	(149)	450
Martin Lewis Covid fund	20,000	(14,706)	5,294
Volunteer Action	2,000	(2,000)	-
Bank of Scotland Foundation	19,650	(4,913)	14,737
Foundation Scotland	29,883	(13,144)	16,739
Mary's Memorial Fund	540	-	540
Stafford Trust	4,910	(46)	4,864
Total restricted funds	193,007	(79,259)	113,748
Total funds	499,266	(275,256)	224,010

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

The comparative net movement in funds for the year to 31st March 2021, included in the above are as follows:

	At 1st April 2020	Net movement in funds	Transfer between funds	At 31 st March 2021
	£	£	£	£
Unrestricted funds				
General fund	107,443	110,262	1,094	218,799
Restricted funds				
Robertson Trust	6,750	-	-	6,750
Sons of the Rock	325	-	-	325
Woodward Trust	400	-	-	400
Stirling Council	-	38,183	-	38,183
Scottish Government	-	29,645	-	29,645
Corra Foundation	-	-	-	-
SVE	-	2,000	-	2,000
Yorkshire Building Society	-	13	-	13
Stirling and Bridge of Allan Round Table	-	283	-	283
Waitrose Community Fund	-	-	-	-
Gordon Fraser Charitable Trust	-	1,003	-	1,003
Tesco / Groundwork UK	-	(8)	-	-8
Clackmannanshire Council	-	5	-	5
Scotmid Community Grant	-	-	-	-
Aviva	-	450	-	450
Martin Lewis Covid fund	-	5,294	(522)	4,772
Volunteer Action	-	-	-	-
Bank of Scotland Foundation	-	14,737	-	14,737
Foundation Scotland	-	16,739	(572)	16,167
Mary's Memorial Fund	-	540	-	540
Stafford Trust	-	4,864	-	4,864
Total restricted funds	7,475	113,748	(1,094)	120,129
Total funds	114,918	224,010	-	338,928

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1 st April 2020	Net movement in funds	Transfer between funds	At 31st March 2022
	£	£	£	£
Unrestricted funds				
General funds	107,443	249,406	(82,132)	274,717
Designated funds	-	-	91,000	91,000
Total unrestricted funds	107,443	249,406	8,868	365,717
Restricted funds				
Robertson Trust	6,750	750	(4,717)	2,783
Sons of the Rock	325	(325)	-	-
Woodward Trust	400	(400)	-	-
Stirling Council	-	1,919	-	1,919
Scottish Government	-	-	-	-
SVE	-	-	-	-
Yorkshire Building Society	-	-	-	-
Stirling and Bridge of Allan Round Table	-	-	-	-
Gordon Fraser Charitable Trust	-	-	-	-
Tesco / Groundwork UK	-	-	-	-
Clackmannanshire Council	-	-	-	-
Scotmid Community Grant	-	-	-	-
Aviva	-	260	-	260
Martin Lewis Covid fund	-	5,294	(1,846)	3,448
Voluntary Action	-	-	-	-
BOS Foundation	-	16,632	-	16,632
Foundation Scotland	-	5,487	(1,945)	3,542
Mary's Memorial Fund	-	405	-	405
Stafford Trust	-	-	-	-
Arnold Clark Communities Fund	-	-	-	-
Arnold Clark Change for Charity	-	-	-	-
Arnold Clark Community Fund Winter Edition	-	-	-	-
HSBC	-	12,366	(360)	12,006
Nationwide	-	24,259	-	24,259
Neighbourly - Sainsbury's Helping Everyone Eat Better Community Fund	-	-	-	-
NISA	-	1,147	-	1,147
Persimmon Homes Community Champions initiative	-	-	-	-
Stirling Council Good Food For All Fund	-	5,097	-	5,097
Stirling Council Homeless Grant	-	2,683	-	2,683
Scottish Communities Fund	-	1,395	-	1,395
Stirling Albion Football Club	-	-	-	-
Stirling Council Activities Fund	-	-	-	-
Volunteering Support Fund	-	-	-	-
Stirling Council - Good Food For All Fund	-	8,989	-	8,989
FV NHS Food Activity Grant	-	400	-	400
Murdoch Forrest	-	5,000	-	5,000
Lottery Communities fund	-	10,000	-	10,000
Scottish Power	-	15,000	-	15,000
Stirling Council - Awards for All, Together For Our Planet	-	10,000	-	10,000
Total restricted funds	7,475	126,358	(8,868)	124,965
Total funds	114,918	375,764	-	490,682

START UP STIRLING

**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022**

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	581,181	(331,775)	249,406
Restricted funds			
Robertson Trust	14,250	(13,500)	750
Sons of the Rock	825	(1,150)	(325)
Woodward Trust	400	(800)	(400)
Stirling Council	55,554	(53,635)	1,919
Scottish Government	39,646	(39,646)	-
SVE	2,000	(2,000)	-
Yorkshire Building Society	2,000	(2,000)	-
Stirling and Bridge of Allan Round Table	2,000	(2,000)	-
Gordon Fraser Charitable Trust	2,000	(2,000)	-
Tesco / Groundwork UK	500	(500)	-
Clackmannanshire Council	500	(500)	-
Scotmid Community Grant	250	(250)	-
Aviva	599	(339)	260
Martin Lewis Covid fund	20,000	(14,706)	5,294
Vol Action	2,000	(2,000)	-
BOS Foundation	44,598	(27,966)	16,632
Foundation Scotland	34,883	(29,396)	5,487
Mary's Memorial Fund	540	(135)	405
Stafford Trust	4,910	(4,910)	-
Arnold Clark Communities Fund	1,000	(1,000)	-
Arnold Clark Change for Charity	720	(720)	-
Arnold Clark Community Fund Winter Edition	2,500	(2,500)	-
HSBC	15,505	(3,139)	12,366
Nationwide	50,047	(25,788)	24,259
Neighbourly - Sainsbury's Helping Everyone Eat			
Better Community	500	(500)	-
NISA	4,100	(2,953)	1,147
Persimmon Homes Community Champions initiative	1,000	(1,000)	-
Stirling Council Good Food For All Fund	10,000	(4,903)	5,097
Stirling Council Homeless Grant.	9,000	(6,317)	2,683
Scottish Communities Fund	2,000	(605)	1,395
Stirling Albion Football Club	300	(300)	-
Stirling Council Activities Fund	11,546	(11,546)	-
Volunteering Support Fund	500	(500)	-
Stirling Council - Good Food For All Fund	9,548	(559)	8,989
FV NHS Food Activity Grant	400	-	400
Murdoch Forrest	5,000	-	5,000
Lottery Communities fund	10,000	-	10,000
Scottish Power	15,000	-	15,000
Stirling Council - Awards for All, Together For Our Planet	10,000	-	10,000
Corra Foundation	2,000	(2,000)	-
Total restricted funds	389,121	(262,763)	126,358
Total funds	970,301	(594,537)	375,764

START UP STIRLING

**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST MARCH 2022**

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

A short description of each of the restricted funds is as follows:

Robertson Trust

The fund relates to funding for people and communities in Scotland living with poverty and trauma.

Sons of the Rock

The fund is restricted to discrete items for our service users.

Woodward Trust

The funds are restricted to purchase certain items for use in the organisation.

Stirling Council

The funds are restricted to cover a number of our costs, including food purchases and starter pack household items.

Volunteer action

The funds are restricted for volunteer and staff training.

Donations and fundraising

These are small donations and fundraising initiatives which cover specific activities at a point in time.

Scottish Government

The funds are restricted to covering specific staff costs, fresh food purchases and vehicle running costs.

Corra Foundation

The funds are restricted to defined back office and operational costs.

SVE

The funds are restricted to the production of recipe cards for our service users.

Yorkshire Building Society

The funds are restricted to expenditure for volunteers and our food delivery and related transport costs.

Stirling and Bridge of Allan Round Table

These funds are restricted to food purchases.

Waitrose Community Fund

These funds are restricted to food purchases.

Tesco / Groundwork UK

These funds are restricted to food purchases.

Scotmid Community Grant

These funds are restricted to food purchases.

Gordon Fraser Charitable Trust

The funds are restricted to supporting those in temporary accommodation.

Clackmannanshire Council

The funds are restricted to packaging of food for distribution.

Aviva

The funds are restricted to supporting our work on Tackling Rural Isolation (TRI).

Martin Lewis Covid fund

The funds are restricted for food purchases, delivery costs of the foods and funding of specific staff salaries.

Bank of Scotland Foundation

The funds are in respect of contributing towards a proportion of specific staff salaries.

Foundation Scotland

The funds are restricted to the purchase of food, specific purchases for the running of the organisation and transport costs.

Mary's Memorial Fund

The funds are a generous donation following the death of Mary McBride in May 2020. The funds are for use in our support services.

START UP STIRLING
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31st MARCH 2022

NOTE 11 – MOVEMENT IN FUNDS (CONTINUED)

Stafford Trust

The funds are restricted to training, support and workwear for our volunteers.

Arnold Clark Communities Fund

These funds are restricted for purchasing fresh food.

Arnold Clark Change for Charity

These funds are restricted for purchasing fresh food.

Arnold Clark Community Fund Winter Edition

These funds are restricted for purchasing fresh food.

HSBC

The funds are restricted to the costs for a community food growing project, GROW, as described on page 9.

Nationwide

The funds are restricted to starter pack related items and an element of our salary costs.

Neighbourly – Sainsbury's Helping Everyone Eat Better Community

These funds are restricted for purchasing food.

NISA

These funds are restricted for purchasing food, welfare packs and emergency packs.

Persimmon Homes Community Champions initiative

These funds are restricted for purchasing Christmas food packs.

Stirling Council Fresh Food

These funds are restricted for purchasing fresh food.

Stirling Council Good Food For All Fund

These funds are restricted for purchasing fresh food.

Stirling Council Homeless Grant

These funds are restricted for purchasing Start up packs.

Scottish Communities Fund

These funds are restricted for the printing of recipe cards.

Stirling Albion Football Club

The funds are restricted for the purchase of school uniforms.

Stirling Council Activities Fund

The fund is restricted for purchasing family activities for the families that we are supporting.

Volunteering Support Fund

The funds are restricted for costs related to our volunteers.

Forth Valley NHS Food Activity Grant

The funds are restricted for a BBQ to be held in the Callander area.

Murdoch Forrest

These funds are restricted to the costs for a community food growing project, GROW, as described on page 9.

Lottery Communities fund

These funds are restricted to the costs for a community food growing project, GROW, as described on page 9.

Scottish Power

These funds are restricted to the costs for a community food growing project, GROW, as described on page 9.

Stirling Council - Awards for All, Together For Our Planet

These funds are restricted to the costs for a community food growing project, GROW, as described on page 9.